

NEWSLETTER CONTENTS

- Race Photos 1
- Featured Fanatic..... 2
- Upcoming Races.....4
- HF Pace Team..... 7
- Fanatic Poll..... 7
- HF Membership Criteria.....8
- Signature Race Series..... 9
- New Moons..... 10
- Welcome to the Asylum... 11



Lovelace Rio Grande



Sandy #7010, Lance #2021, Dianne #2470



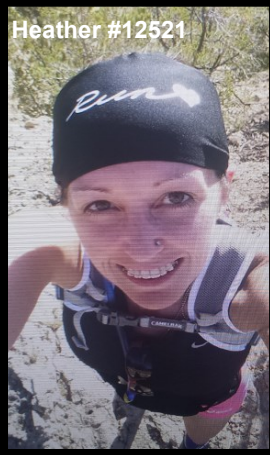
Marilyn, Kimberlee #177, Kathryn #10339, Lance #2021



Double Half Marathon



Dragon's Den Half Marathon



Heather #12521



Idaho Wine Run



Hottest Half



Huckleberry Half



HALF FANATICS

AUGUST 2015 NEWSLETTER

Featured Fanatic

Steve "The Prez" Yee, Half Fanatic, Marathon Maniac & Double Agent #1



Tell me a little bit about your road to the asylum. I started running back in 1983 because of a race the Seattle Mariners used to put on from Northgate to the now-demolished Kingdome (8.2 miles) and signing up for the race included 4 tickets to the game. Having completed that with very little training prompted me to keep signing up for various races that first year and I couldn't stop, so for the first 3 years I averaged over 50 races per year with distances between 5 km and the marathon. There were many ups and downs in my running career and at times I took sizeable breaks from running because I was injured at times. About 15 years ago I met up with HF 2 (Chris) and HF 3 (Tony) at various races, we got to know each other and together formed the Marathon Maniacs. So a few years after the Half Fanatics were formed and the rest is history. Since I really don't update my stats I can't even recall if I had qualified before the club formation, but since then I've completed the Seattle Quadzuki (4 halves in 4 days) to qualify for 6 moon status.

What / Who inspires you to lace up your shoes and run? I love the outdoors a lot, so I really don't think I need inspiration to go out for a run. Of course when the inclement winter weather arrives I do need a bit of peer pressure to sometimes get me running out in the rainstorms and freezing days. Since my day job is located in Renton, WA, I normally run with runners at the Balanced Athlete store and for the past 5 years we've gotten together to do our weekly social, speed and long runs. That's probably why I hardly ever ride my bike or swim too much anymore....it's so easy to lace up a pair of shoes and get out the door to start the workout.

Tell me about your most memorable race(s). There are a few half marathons that are memorable in my long running career. Even though it was 32 years ago I still remember my very first half marathon, which was the Red Brick Road Halfathon in Redmond, WA (it's now resurrected as the Labor Day Half). Of course everyone remembers their PR half marathon....mine occurred at the Seattle Half marathon 25 years ago (1:18:56). I've won one half marathon outright, the Over the Dam half marathon in Grand Cou-

lee many years ago and that was a great thrill. I've probably have run the Mercer Island half marathon at least 15 times, and knowing how hilly that course is, I keep wondering why I return year after year. Now I enjoy a lot of the trail half marathons that I've recently done locally in park trails (Soaring Eagle, Dash Point, Redmond Watershed, Taylor Mountain and Ft. Ebey on Whidbey Island). And I can never forget my personal worst time half...the Pikes Peak Ascent in Manitou Springs, Colorado. When one has to gain 7,000 feet to the finish line, slow times and lack of oxygen are guaranteed!

What are your goals for 2015 and beyond? Since I'm really no longer competitive, I really just would like to have fun in my races from this point on. If my training goes well, I'd sure like to break 1:40 again (haven't done that in a few years). In terms of races, I'd like to try some of the destination type half marathons that are advertised near the National Parks, like Yellowstone, Rocky Mountain, Zion and the recently completed Great Smoky Mountains. And I think that my marathon days are slowing down and definitely would prefer to concentrate on being more of the Half Fanatic Prez, rather than the Marathon Maniac Prez.

Did you ever anticipate the MM & HF would grow to what it is today? I think the 3 of us knew that eventually the clubs could grow big though not as fast as anticipated. The first few years of the Marathon Maniacs were quite lean (probably less than 20 members per month), but as the marathoning craze grew in popularity, so did the club membership. When the Half Fanatics formed it was mayhem from the start and that seems to be the wave of the future, the half marathon distance. Marathoning takes a lot of time for training and lots of folks just don't have the time for the long runs required as a prerequisite for running a marathon. The half distance is just about right since it would not require loads of training and racing one wouldn't deplete one's day, as opposed to a marathon when sometimes you're so spent that all you do is lie down for the rest of the day. So I think we can expect the same continued growth of the Half Fanatics for the next few years, especially when there seems to be a half marathon within driving distance each and every weekend throughout the year.

What advice would you give to aspiring MMs & HFs? First off, you have to have fun and want to run in order to make it part of your lifestyle so that's the first point I'd say to an aspiring HF. I would venture to say that with proper training it's not that difficult to finish a half marathon. What gets hard is aspiring to move up the different levels of the asylum. Of course when one does their first back to back (2 halves in 2 days) there is always going to be some apprehension. I say to believe in your training and if you're not racing them but want a good time, then back off on the first one and then ease at the beginning for the second when, and if, you feel good, then bring it- you have the energy and drive. But the real benefit for joining the club is the camaraderie and lifelong friends made and the varying opinions on training and advice given by other members on the club bulletin board or Facebook pages. Plus the fact that there are multiple discounts for races and stores like Running Warehouse that can save a member lots of money and everyone knows that money pays for races.

Would you like to be a "Featured Fanatic"? Do you have an inspiring or entertaining story to share? Email me at: [half fanaticnewsletter@gmail.com!](mailto:half fanaticnewsletter@gmail.com)



Steve #21



Lovelace Rio Grande



Badass Brazo Half Marathon



Sandy #7010, Lance #2021, Dianne #2170



Nebraska State Fair



Teresa #8871 & Terri #5962



Leanna #12508 & David #12507



Lil L, Yvette, Randy, & Courtney



Bridge of the Gods



Upcoming Races in October 2015

WHEN	WHAT	WHERE	WHEN	WHAT	WHERE
3-Oct 13.1	12:1 Run	IA	10-Oct 13.1	Durango Double Day One	CO
3-Oct 13.1	Adams Mill Covered Bridge Half Marathon	IN	10-Oct 13.1	Fall City Half Marathon	WA
3-Oct 13.1	Arkansas Half Marathon	AR	10-Oct 13.1	Freedoms Run	WV
3-Oct 13.1	Barkcamp Race	OH	10-Oct 13.1	Gandy Dancer Trail Half Marathon	WI
3-Oct 13.1	Bay Ridge Half Marathon	NY	10-Oct 13.1	Georgetown Bridge2Bridge Half Marathon	SC
3-Oct 13.1	Big Bear North Shore Half Marathon	CA	10-Oct 13.1	Hartford Half Marathon	CT
3-Oct 13.1	Blue Springs Family YMCA Half Marathon	MO	10-Oct 13.1	Hero Half Marathon	AR
3-Oct 13.1	Brazen Rocky Ridge Half Marathon	CA	10-Oct 13.1	Ironclad Half Marathon	NC
3-Oct 13.1	Cherokee Harvest Half Marathon	NC	10-Oct 13.1	Layton Half Marathon	UT
3-Oct 13.1	Collingwood Half Marathon	ON	10-Oct 13.1	Murfreesboro Half Marathon (The Middle Half)	TN
3-Oct 13.1	Columbia River Half Marathon	OR	10-Oct 13.1	NWTR St Edward Harvest Half	WA
3-Oct 13.1	Evansville Half Marathon	IN	10-Oct 13.1	Park City Half Marathon - Pink Series	UT
3-Oct 13.1	Flatlanders Road Race	SK	10-Oct 13.1	Prairie State Half Marathon	IL
3-Oct 13.1	Front Porches Half Marathon	VT	10-Oct 13.1	Queen Bee Half Marathon	OH
3-Oct 13.1	Jacksonville Marine Corps 1/2 Marathon	FL	10-Oct 13.1	Rock N Roll Brooklyn	NY
3-Oct 13.1	Kenya Wildlife Half Marathon	KEN	10-Oct 13.1	Rosedale Runs	NY
3-Oct 13.1	KY History Half Marathon	KY	10-Oct 13.1	Showdown Half Marathon	TX
3-Oct 13.1	Leavenworth Oktoberfest Half Marathon	WA	10-Oct 13.1	Soda Screamer Thirteener	ID
3-Oct 13.1	Lost Loop Trail Run	TX	10-Oct 13.1	Southernmost Half Marathon	FL
3-Oct 13.1	New Hampshire Half Marathon (member discount)	NH	10-Oct 13.1	Stone Bridge Half Marathon	IL
3-Oct 13.1	Run Like a Girl Bellingham	WA	10-Oct 13.1	Tahoe Nevada Half Marathon (Tahoe Triple Day Two)	NV
3-Oct 13.1	Run Like a Girl Columbus	OH	10-Oct 13.1	Under the Oaks Run	GA
3-Oct 13.1	Run Ocean Isle Beach	NC	10-Oct 13.1	WhistleStop Half Marathon	WI
3-Oct 13.1	Sleeping Bear Half Marathon	MI	10-Oct 13.1	Yosemite Half Marathon	CA
3-Oct 13.1	Southern Tennessee Power Classic Half Marathon	TN	11-Oct 13.1	BAA Half Marathon	MA
3-Oct 25K	Swamp Rabbit Trail Urban 25k	SC	11-Oct 13.1	Blue Mountain Beach Half Marathon	FL
3-Oct 13.1	Volition Half Marathon - Charlotte	NC	11-Oct 13.1	Charlottesville Fall Classic Half Marathon	VA
4-Oct 13.1	13.1 Atlanta (note date change)	GA	11-Oct 13.1	City of Trees Half Marathon	ID
4-Oct 13.1	Boulder Rez Half Marathon	CO	11-Oct 13.1	City to the Sea Half Marathon	CA
4-Oct 13.1	Bournemouth Half Marathon	GBR	11-Oct 13.1	Dayton River Corridor Classic Half Marathon	OH
4-Oct 13.1	Broke Mans Half Marathon	OH	11-Oct 13.1	Durango Double Day Two	CO
4-Oct 13.1	Cardiff Half Marathon	GBR	11-Oct 13.1	Fall Foliage Half Marathon	NY
4-Oct 13.1	Carolina Beach Half Marathon	NC	11-Oct 13.1	Girlfriends Run for a Cure	WA
4-Oct 13.1	County Half Marathon	ON	11-Oct 13.1	GoodLife Victoria Half Marathon-First International MMHF Reunion	BC
4-Oct 13.1	Crawlin Crab Half Marathon	VA	11-Oct 13.1	Great GO! St Louis Halloween Race	MO
4-Oct 13.1	Divas Half Marathon Long Island	NY	11-Oct 13.1	Green Mountain Half Marathon	VT
4-Oct 13.1	Estevan Police Half Marathon	SK	11-Oct 13.1	Healdsburg Half Marathon	CA
4-Oct 13.1	Johnstown YMCA Half Marathon	PA	11-Oct 13.1	Iron Horse Half Marathon	KY
4-Oct 13.1	Judgment Day Half Marathon	CA	11-Oct 13.1	Lake Tahoe Half Marathon (Tahoe Triple Day Three)	CA
4-Oct 13.1	Key Biscayne Half Marathon	FL	11-Oct 13.1	Long Beach Half Marathon	CA
4-Oct 13.1	Ladies First Ocala	FL	11-Oct 13.1	Lucy Town Half Marathon	NY
4-Oct 13.1	Maine Half Marathon	ME	11-Oct 13.1	Mainly Marathons Appalachian Day One	WV
4-Oct 13.1	MO Cowbell Half Marathon	MO	11-Oct 13.1	Mohawk Hudson River Half Marathon	NY
4-Oct 13.1	New England Half Marathon	NH	11-Oct 13.1	Newport Half Marathon	RI
4-Oct 13.1	North Face Endurance Challenge Wisconsin (member discount)	WI	11-Oct 13.1	NYRR Staten Island Half	NY
4-Oct 13.1	Northern Ohio Half Marathon	OH	11-Oct 13.1	Ocean State Rhode Race	RI
4-Oct 13.1	Octo Half	PA	11-Oct 13.1	Okanagan Half Marathon	BC
4-Oct 13.1	Portland Half Marathon	OR	11-Oct 13.1	Old Orchard Beach Half Marathon	ME
4-Oct 13.1	Princeton Half Marathon	NJ	11-Oct 13.1	Ottawa Fall Colours Half Marathon	ON
4-Oct 13.1	Run and Ride - Dorney Park	PA	11-Oct 13.1	Poulsbo Half Marathon	WA
4-Oct 13.1	Run Crazy Horse (member discount)	SD	11-Oct 13.1	Prairie Fire Half Marathon	KS
4-Oct 13.1	Smuttnose Rockfest Half Marathon	NH	11-Oct 30K	Rainshadow Oregon Coast 30k	OR
4-Oct 13.1	Spirit of Survival Half Marathon	OK	11-Oct 13.1	Royal Parks Half Marathon	GBR
4-Oct 13.1	Spirit of the Shore Half Marathon	BC	11-Oct 13.1	Shades of Death Half Marathon	NJ
4-Oct 13.1	Tiburon Half Marathon	CA	11-Oct 13.1	Shelby Farms Greenline 1/2 Marathon	TN
4-Oct 13.1	Trestle Harvest Hustle 25k/13.1	MI	11-Oct 13.1	Shenandoah Leaf Peeper Half	VA
4-Oct 13.1	Urban Cow Half Marathon	CA	11-Oct 13.1	Snohomish River Run	WA
4-Oct 13.1	Wineglass Half Marathon	NY	11-Oct 13.1	Spartyka Warrior TransMountain Half Marathon	TX
4-Oct 13.1	Woodrow Wilson Bridge Half Marathon	VA	11-Oct 13.1	Spokane Half Marathon	WA
9-Oct 13.1	Emerald Bay Half Marathon (Tahoe Triple Day One)	CA	11-Oct 13.1	Springfield Half Marathon	IL
10-Oct 13.1	Bemidji Blue Ox 26k Lake Loop and Half Marathon	MN	11-Oct 13.1	St Brons Half Marathon	WI
10-Oct 13.1	Blue Mountain Beach 21.1k on 30A	FL	11-Oct 13.1	Towpath Half Marathon	OH
10-Oct 13.1	Buffalo Stampede	TX	11-Oct 13.1	Tyler Rose Half Marathon	TX
10-Oct 13.1	Cannonball Run Half Marathon	NC	11-Oct 13.1	Westchester Medical Center Running Festival Half Marathon	NY
10-Oct 13.1	CTR Biz Johnson Express Half Marathon	CA	11-Oct 13.1	Zagreb Half Marathon	HRV
10-Oct 30K	Defiance 30k	WA	12-Oct 13.1	Mainly Marathons Appalachian Day Two	VA

* You can find links to these races (and many more) on the Race Calendar at www.halffanatics.com.



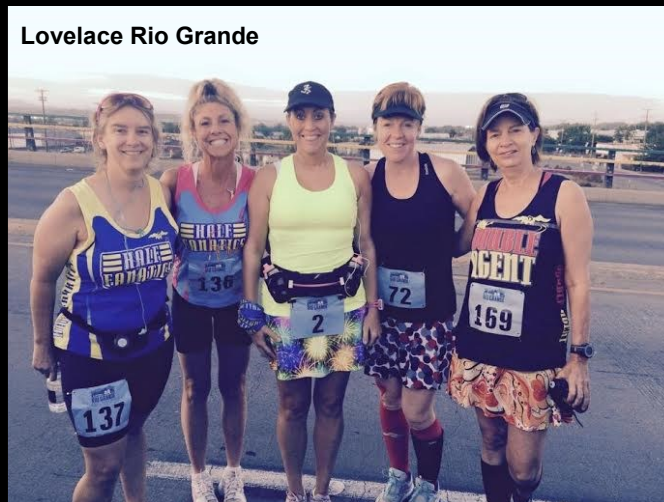
Upcoming Races in October 2015

WHEN	WHAT	WHERE	WHEN	WHAT	WHERE		
13-Oct	13.1	Mainly Marathons Appalachian Day Three	TN	18-Oct	13.1	That Dam Half	TX
14-Oct	13.1	Mainly Marathons Appalachian Day Four	NC	18-Oct	13.1	Toronto Waterfront Half Marathon	ON
15-Oct	13.1	Mainly Marathons Appalachian Day Five	SC	18-Oct	13.1	Winnipeg Fire Paramedic Service Half Marathon	MB
16-Oct	13.1	Mainly Marathons Appalachian Day Six	GA	24-Oct	13.1	13.1 Dallas	TX
17-Oct	13.1	Baltimore Running Festival Half Marathon	MD	24-Oct	13.1	Austin Halloween Half Marathon	TX
17-Oct	13.1	Battle of Hillotes Half Marathon	TX	24-Oct	13.1	Crazy Turkey Trail Half Marathon	OH
17-Oct	13.1	Bay to Brews Half Marathon	OR	24-Oct	13.1	Dog Lake Half Marathon	WA
17-Oct	13.1	Des Plaines River Trail Half Marathon	IL	24-Oct	13.1	EVL Halloween Half Marathon	NY
17-Oct	13.1	Fargo Mini Marathon	ND	24-Oct	13.1	Great Turtle Trail Run	MI
17-Oct	13.1	Go Commando Half Marathon	TN	24-Oct	13.1	Halloween Half Marathon - Miami Beach	FL
17-Oct	13.1	Greensboro Half Marathon	NC	24-Oct	13.1	Halloween Half Marathon - Petersburg	VA
17-Oct	13.1	Indianapolis Half Marathon	IN	24-Oct	13.1	Lexus LaceUp Ventura	CA
17-Oct	13.1	Kansas City Half Marathon (member discount)	MO	24-Oct	13.1	Marathon 2 Marathon Half Marathon (Texas)	TX
17-Oct	13.1	Lake Powell Half Marathon	AZ	24-Oct	13.1	North Jersey Haunted Half Marathon	NJ
17-Oct	13.1	Land Between the Lakes Half Marathon (Run LBL Half Marathon)	KY	24-Oct	13.1	Shawnee Half Marathon	IL
17-Oct	13.1	Loveland Half Marathon	OH	24-Oct	13.1	Soaring Wings of Conway Half Marathon	AR
17-Oct	13.1	Mainly Marathons Appalachian Day Seven	AL	24-Oct	25K	Surf the Murph	MN
17-Oct	13.1	Monster Mash Half Marathon	DE	24-Oct	13.1	Three Rivers Trail Run	IA
17-Oct	13.1	Neuse River Bridge Run	NC	24-Oct	13.1	Triple Lakes Trail Race	NC
17-Oct	13.1	Purdue Boilermaker Half Marathon	IN	24-Oct	13.1	Urban Bourbon Half Marathon	KY
17-Oct	13.1	Runaway Pumpkin Half Marathon	OR	24-Oct	13.1	ZOOMA Colorado	CO
17-Oct	13.1	Salty Half, The	WA	25-Oct	13.1	Ath Half for Education	GA
17-Oct	13.1	Texas Wine Series Llano Estacado	TX	25-Oct	13.1	Biggest Loser Run/Walk Seattle (Lake Stevens)	WA
18-Oct	13.1	Ainsleys Angels Half Marathon	FL	25-Oct	13.1	Cape Cod Half Marathon	MA
18-Oct	13.1	Amsterdam Half Marathon	NLD	25-Oct	13.1	Cocoa Beach Half Marathon	FL
18-Oct	13.1	Atlantic City Half Marathon (member discount)	NJ	25-Oct	13.1	Columbia Gorge Half Marathon	OR
18-Oct	13.1	Baystate Half Marathon	MA	25-Oct	20mi	Cougar Mountain 20m	WA
18-Oct	13.1	Biggest Loser Run/Walk Eau Claire	WI	25-Oct	13.1	Dawn of the Dunes Half Marathon	IN
18-Oct	13.1	Bull City Race Fest Half Marathon	NC	25-Oct	13.1	FrankenFooter Half Marathon	FL
18-Oct	13.1	Columbus Half Marathon	OH	25-Oct	13.1	Haunted Hustle	WI
18-Oct	13.1	Des Moines Half Marathon	IA	25-Oct	13.1	Houston Half Marathon	TX
18-Oct	13.1	Detroit International Half Marathon	MI	25-Oct	13.1	Kooky-Spooky Half Marathon	CO
18-Oct	13.1	Detroit US Half Marathon	MI	25-Oct	13.1	Lake Nona 13.1	FL
18-Oct	25K	Dogwood Canyon Trail Run	MO	25-Oct	13.1	Lighthouse Loop Half Marathon	FL
18-Oct	13.1	Duke City Half Marathon	NM	25-Oct	13.1	LOCO Half Marathon	NH
18-Oct	13.1	Empire State Half Marathon	NY	25-Oct	13.1	Newburyport Half Marathon	MA
18-Oct	13.1	Evergreen Ft Steilacoom Half Marathon	WA	25-Oct	13.1	Niagara Falls International Half Marathon	NY
18-Oct	13.1	Fallen Heroes Half Marathon	VA	25-Oct	13.1	Nutrabol Half Marathon	TX
18-Oct	13.1	Folsom Blues Breakout (warning: site plays audio)	CA	25-Oct	13.1	Oktoberfest 13.1	PA
18-Oct	13.1	Four Bridges Half Marathon	TN	25-Oct	13.1	Polar Circle Half Marathon	GRL
18-Oct	13.1	Grand Rapids Half Marathon	MI	25-Oct	13.1	Race 13.1 Winston Salem	NC
18-Oct	13.1	Gulf Coast Half Marathon Series - Mandeville	LA	25-Oct	13.1	Rock N Roll Los Angeles	CA
18-Oct	13.1	Halloween Half Marathon (New Jersey)	NJ	25-Oct	13.1	Rock N Roll Vancouver	BC
18-Oct	13.1	Halloween Half Marathon - Key West	FL	25-Oct	13.1	Run and Ride - Kings Island	OH
18-Oct	13.1	Hershey Half Marathon	PA	25-Oct	13.1	Run Like Hell Portland	OR
18-Oct	13.1	HITS Oklahoma City (member discount)	OK	25-Oct	13.1	Swiss City Half Marathon	CHE
18-Oct	13.1	Humboldt Redwoods Half Marathon	CA	25-Oct	13.1	Temecula Half Marathon	CA
18-Oct	13.1	Mankato Half Marathon	MN	31-Oct	13.1	CTR Zombie Runner Halloween Run	CA
18-Oct	13.1	Melbourne Half Marathon	AUS	31-Oct	13.1	Farragut 13.1	TN
18-Oct	13.1	Mt Desert Island Half Marathon	ME	31-Oct	13.1	Florida Halloween Halfathon	FL
18-Oct	13.1	Myrtle Beach Mini Marathon	SC	31-Oct	13.1	Haunted Half - Provo Party Run	UT
18-Oct	13.1	Narragansett Fall Half Marathon	MA	31-Oct	13.1	Jazz Half Marathon (member discount)	LA
18-Oct	13.1	Nike Womens Half Marathon San Francisco	CA	31-Oct	13.1	Kathryn M Freeman Race for Ovarian Cancer	PA
18-Oct	13.1	NYCRuns City of Yonkers Half Marathon	NY	31-Oct	13.1	Madison Half Marathon (Connecticut)	CT
18-Oct	13.1	ORC Seaside Half Marathon	NJ	31-Oct	13.1	Mainly Marathons Day of the Dead (Seven Day Series)	NM
18-Oct	13.1	Other Half (Moab)	UT	31-Oct	13.1	Meals Til Monday Half Marathon	OH
18-Oct	30K	Overlook Endurance Run	CA	31-Oct	13.1	Monster Dash - Chicago	IL
18-Oct	13.1	Peoria Half Marathon	IL	31-Oct	13.1	Monster Dash - St Paul	MN
18-Oct	13.1	Prince Edward Island Half Marathon	PE	31-Oct	13.1	Race 13.1 Charleston	SC
18-Oct	13.1	Race 13.1 Newport News	VA	31-Oct	13.1	Race 13.1 Nashville (note date change)	TN
18-Oct	13.1	Rock N Roll Denver	CO	31-Oct	13.1	Rock N Roll Merida	MEX
18-Oct	13.1	Rock N Roll Lisbon	PRT	31-Oct	13.1	Rock N Roll Philadelphia	PA
18-Oct	13.1	Rock N Roll St Louis	MO	31-Oct	13.1	Run for Missions	KS
18-Oct	13.1	Runners World Half Marathon	PA	31-Oct	13.1	Silver Comet Half	GA
18-Oct	13.1	Running for the Bay Half Marathon	FL	31-Oct	13.1	Spinx Half Marathon (Runtown USA Half Marathon)	SC
18-Oct	13.1	Spooktacular Los Angeles	CA				

* You can find links to these races (and many more) on the Race Calendar at www.halffanatics.com.



Hottest Half



Loveland Rio Grande



Nebraska State Fair



Ann #4492, Brad #9837, Brooke #11837, Lisa #4583



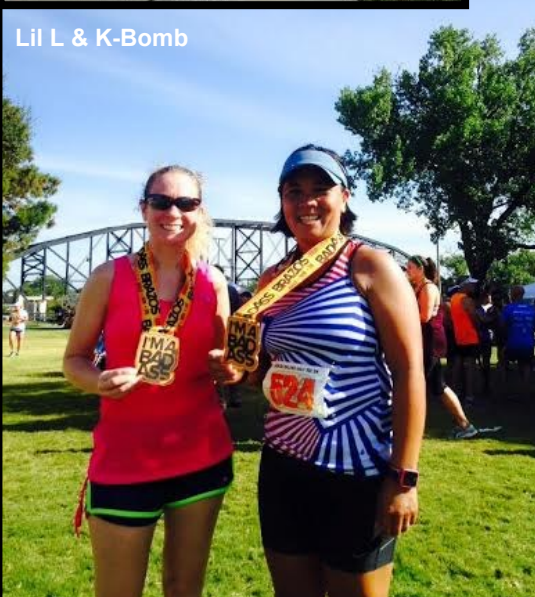
Teresa #8871 & Terri #5962



Lil L #4026



Suzanne #12561



Lil L & K-Bomb



Huckleberry Half



Susan #2965 & Kevin #11525



HALF FANATICS AUGUST 2015 NEWSLETTER

HALF FANATIC PACE TEAM



Interested in joining the Maniac Fanatic Pace Team? Learn more about the awesome FREE pacing perks & opportunities on our Pace Team page (<http://marathonmaniacs.com/marathon-maniacs/pacer-team>).

FANATIC POLL



Each month there will be a “Fanatic poll”. This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

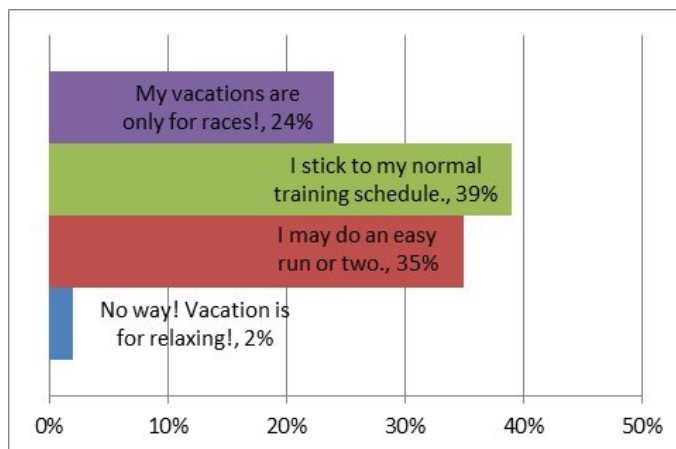
This month’s question:

Are you attending the MM/HF Reunion in October in Victoria, BC?

Please submit your response by September 30th at: <http://survey.constantcontact.com/poll/a07ebjnz7k5ieivd21v/start.html>.

Last month’s question:

Do you run when you are on vacation?



HALF FANATIC CRITERIA

 **NEPTUNE**

- 2 Half Marathons within a 16 day time frame.
- 3 Half Marathons within a 90 day time frame.

 **URANUS** 

- 3 Half Marathons within a 16 day time frame.
- 6 Half Marathons in 6 consecutive calendar months.
- 8-11 Half Marathons within 365 days.

 **SATURN** 

- 4 Half Marathons within 37 days.
- 12-18 Half Marathons within 365 days.
- 4 Half Marathons in 4 different US states* within 51 days.

 **JUPITER** 

- 4 Half Marathons within 23 days.
- 19-25 Half Marathons within 365 days.
- 2 Half Marathons in 2 days (or 48 hours) must finish both races!
- 9 Half Marathons in 9 different US states* within 365 days.

 **MARS** 

- 3 Half Marathons within 3 days.
- 26-30 Half Marathons within 365 days.
- 4 Half Marathons within a 9 day window.
- 3 Half Marathons in 3 different US states* within 10 days.
- 13 Half Marathons in 13 different US states* within 365 days.

 **EARTH** 

- 31-37 Half Marathons within 365 days.
- 16 Half Marathons in 16 different US states* within 365 days.
- 6 Half Marathons within 16 days.

 **VENUS** 

- 38-44 Half Marathons within 365 days.
- 20 Half Marathons in 20 different US states* within 365 days.
- 13 Half Marathons within 79 days.

 **MERCURY** 

- 45-51 Half Marathons within 365 days.
- 23 Half Marathons in 23 different US states* within 365 days.
- 28 Half Marathons within 183 days.

 **THE SUN** 

- 52 Half Marathons or more within 365 days.
- 30 Half Marathons in 30 different US states* within 365 days.
- 20 Half Marathons in 20 different countries within 365 days.

* US States, Countries or Canadian Provinces (any combination)

**HALF FANATIC
MEMBERSHIP**

Races can be run on either Saturday or Sunday.

We will take into consideration events that are on other days of the week.

All races need to be official events, no training runs will count!

To be a Fanatic, Half Marathon times are not an issue, just that you finish your races. Also that you are having fun! After all, isn't that why we do this?

If you fit the Criteria, You too can be a Half Fanatic!

Visit <http://www.halffanatics.com/are-you-afanatic/membership> to join!

**MEMBERSHIP
RENEWAL**

Visit www.halffanatics.com to renew your Membership today!



HALF FANATICS

AUGUST 2015 NEWSLETTER

MM / HF Signature Race Series

Don't be left out of the fun!! Your main Maniacs have been hard at work putting together a Signature Race Series for all you insane runners!

These will be our staple races of the year. Races where you can count on having our gear guy at the expo, so you can try on and get the latest and greatest gear, meet the main Maniacs! Get your picture with Main Maniac (with cat on head) and run a fantastic event with hundreds of your of your closest friends!

These races are going out of their way to cater to our club member by offering discount entry, club segregated areas pre- and post-race, Pre-race professional group photo and special perks for all runners determined by the race.

Why in the world would you miss this??? If you're not there, you know you'll be looking at Facebook, Twitter and Instagram posts with envy.

Start making your plans now, because you don't want to miss out!

Look for the events featured as our "Signature Series Race" of the month on the race calendar! More coming soon!

Registration discount code is listed on the bulletin board under "Discounts".



NEW MOONS

URANUS



Tracey Maciejewski, #9207

SATURN



JUPITER



MARS



Chuck Taylor, #10903
Mabel Fong, #4694

EARTH



Jim Spernyak, #6523

VENUS



MERCURY



THE SUN



Carolyn Zakrzewski, #8510
Pam Mitchell, #3983
Ronita Bland, #8514
Sandra Harvie, #4753

Sandra #4753



Carolyn #8510 & Pam #3983



Ronita #8514



Congratulations to all the Half Fanatics who achieved their goals and new Moon levels, including our newest inhabitants of the Sun! If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: Half fanaticnewsletter@gmail.com.



Welcome to the Asylum!

NEW AUGUST 2015 HALF FANATICS

- #12433 Jamie Hargreaves, NV
- #12434 betsy caldwell, WA
- #12435 Bill Runge, IA
- #12436 Beth Worthington, WA
- #12437 Rohit Grover, OR
- #12438 Jaclyn Riley, OK
- #12439 Laurie Johnson, NC
- #12440 Heather Halton, NC
- #12441 Michelle Serna-Garcia, CA
- #12442 Nathan Wilkinson
- #12443 Patric Wurmbach, NRW
- #12444 Sylvia Dobbin, NC
- #12445 Shirline Heath, NJ
- #12446 Jack Jenkinson, KS
- #12447 Sara Edwards, IL
- #12448 Catherine Esposito, CT
- #12449 Kesha Ping, OK
- #12450 Julia Chung, CA
- #12451 Kyanna Buchanan, NY
- #12452 Jessica Taylor, IL
- #12453 Bryan Wortham, OK
- #12454 Molly Clark
- #12455 Ben Fairbanks, WA
- #12456 FAITH! Bennett
- #12457 Lesli Ellis, CO
- #12458 Glynnis Ziemann, AZ
- #12459 Edward Copeland, CA
- #12460 MaryKate Hotaling, MT
- #12461 Stephanie Scott, FL
- #12462 Joelle Hime, MN
- #12463 Katie Solina, NY
- #12464 Jodie McGregor, FL
- #12465 Mike Falgiani, FL
- #12466 Lisa Knight (#12466), GA
- #12467 Nicara Spechthold
- #12468 Lucianne Pugh, WA
- #12469 Ryan Tibball, TX
- #12470 Beth Backer, CA
- #12471 Jennifer Northup, WI
- #12472 Gloria Ochoa-Bruck, WA
- #12473 carly york, Ohi
- #12474 Jennifer Petraglia, OR
- #12475 Rebecca Pasternik-Ikard, OK
- #12476 Michelle Herring, WA
- #12477 Lance Casey, OK
- #12478 Lorien Casey, OK
- #12479 Crystal McAfee, MO
- #12480 Courtney Liebi, WA
- #12481 Rogene Reid, ON
- #12482 Bianca Purcell, Ala
- #12483 Stephanie Sturgeon, KY
- #12484 Eugenia Whitt, KY
- #12485 Randi Hooten, IN
- #12486 karla hamrick, OK
- #12487 Rick Hobbs, TX
- #12488 Scott Hartman, IL
- #12489 brenden phillips, WA
- #12490 Joe Jurczyk, OH
- #12491 Stephanie Parks, MI
- #12492 Heather Demos
- #12493 Brittany Mitchell, WA
- #12494 Kimberly Graham, AK
- #12495 Michael Larkin, MO
- #12496 Nicole Donaldson, BC
- #12497 Tracey Panek, OH
- #12498 Kim Rumbel, PA
- #12499 Roger Geissler, CA
- #12500 George Okinaka, USA
- #12501 Alyssa Mitchell, MD
- #12502 Darlena Heglund, WA
- #12503 Vicki "The Breeze" Bentley-Condit, IA
- #12504 Meggan Dennis, OH
- #12505 Tonia Havard, IL
- #12506 Gerie Owen, MA
- #12507 David Herzog, CA
- #12508 Leanna Peppercorn, CA
- #12509 Melissa Hawk, OH
- #12510 Kelli Cardaras, OH
- #12511 Leslie Weeks, OK
- #12512 Sara Griffin, IL
- #12513 Cindy Spongberg, WI
- #12514 Melissa Beasley, MD
- #12515 Richelle Hines, PA
- #12516 Brett Wise, WA
- #12517 Tracy McKinney, Ten
- #12518 Cheryl Staley Dunham, OH
- #12519 Alex Piquero, TX
- #12520 Amanda Rice, OH
- #12521 Heather Nguyen, TX
- #12522 Renea Skelton, VA
- #12523 Denise McVey, OK
- #12524 Cameron Pruitt, WA
- #12525 sondra monroe, OK
- #12526 Doug Weeks
- #12527 Corey Wright, MI
- #12528 Tiffany Newenhouse, NJ
- #12529 Leah Little, VA
- #12530 Nicole Wilson, MI
- #12531 Jackie Durocher, AB
- #12532 Michelle Wilson, Oh
- #12533 Tiffney Bentley, KY
- #12534 Jordan Bentley, KY
- #12535 catherine piper, Geo
- #12536 Jodi Patrick, KY
- #12537 Ronald Haglof, MO
- #12538 Susan Parmele, MN
- #12539 Hailey Stanfield, OK
- #12540 Keely Pegg, BC
- #12541 Connie Peters, OR
- #12542 Janet Harden, MI
- #12543 Os Barnes, MS
- #12544 Marcus Menghini, MA
- #12545 Lindsey Holguin, OK
- #12546 Anna Ralston, OR
- #12547 Mindy Compton, WA
- #12548 Chavet Breslin, CO
- #12549 Deanna Tompkins, MN
- #12550 Amy Okelberry, UT
- #12551 Raven Lawson, AR
- #12552 John Armstrong, PA
- #12553 Jet Robinson, NV
- #12554 Kayla Lambert, KY
- #12555 Elayne Barber, TX

