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Welcome to the Asylum....







### **Featured Fanatics**

Tami Ting, #15678 & Syrafina Mohammed, #15679

I started 2015 with a goal of doing one half marathon a month. It was then that my daughter, Syrafina Mohammed, whom was ten at the time, said that she wanted to run with me, but I wasn't quite sure she could run the distance. She is a competitive figure skater, so I knew she was athletic, but running is much different than any other sport. Syrafina wanted to run my next half marathon with me, but I told her she had to try a 5k first. She ran a color fun run with no training except an occasional jog with me after work. Surprisingly, she loved it, so I signed her up for the next half marathon I had on my schedule and hoped for the best.

Her first half marathon would be the Blooming Temple Half Marathon in Temple, TX on May 16, 2015. We decided to take it one mile at a time. Her first half turned out to be a tough one. Around mile 7 she fell in a pot hole and had a gash in her knee, but she didn't want to quit. We kept going - one mile at a time. She finished her first half marathon at ten years old in 2:47:03. This is when the madness started!

I had decided to run a half in every state and Syrafina wanted to start joining me on my adventure. Her next race of any distance was another half marathon in December 2015 in Florida. With two states down, I figured why not have her join me. Originally, we weren't thinking of doing them all in one year, but in January we ran our first back to back with Mississippi Blues and First Light in Alabama. This started the first two states for the year. Then one night I was googling "the youngest person to complete all 50 states" (just out of curiosity) and I found that 18 years old was the youngest age with pending confirmation from the Guinness Book of World Records. It was then that Syrafina set out to beat the world record and become the youngest person in the world to run a half marathon in all 50 states! And not only did she want to beat the record, she wanted to do it all in one year!

I admit, at first I thought this was an outrageous goal for an 11 year old child. I didn't even know if I could fund

such an adventure. I am a single mom of 3 kids and I knew this would take a whole lot of planning, dedication, and determination. I started making a schedule to see if it was even possible with school, figure skating, and no weekday races.

The races we have run together have been quite an adventure over the past year. We have gone from 18 degrees in Georgia during a winter cold front to 117 degrees in the deserts of Nevada at the Running with the Devil Half Marathon. We have run flat courses and courses with hills that seem never ending. We have had many, many delayed and missed flights and lots of driving between states - sometimes even getting to races at 4 am to run at 6 am. But not once did Syrafina deviate from her goal. Sacrifice after sacrifice in an effort to complete all 50 in one year!

So here we are, on our final weekend with states number 49 and 50. This started on January 9, 2016 and will finish on December 18, 2016 back in Texas. At 12 years old, Syrafina will break the world record! I I am so proud of my daughter in all that she has set her mind to and accomplished. She wants to be an example to other kids and show them that they can achieve anything they put their minds to, no matter who they are!





### **Upcoming Races in January 2017**

WHEN		WHAT	WHERE	WHEN		WHAT	WHERE
1-Jan	13.1	New Years Double DAY TWO	TX, USA	15-Jan	13.1	Disney Star Wars Half Marathon	CA, USA
1-Jan	13.1	Texas Metal Saw Marathon	TX, USA	15-Jan	13.1	Carlsbad Half Marathon	CA, USA
1-Jan	13.1	Resolution Run & Polar Bear Plunge	OR, USA	15-Jan	13.1	Rock N Roll Arizona	AZ, USA
1-Jan	13.1	Deschutes River Half Marathon	OR, USA	19-Jan	13.1	Mainly Marathons Aloha Day 1	HI, USA
1-Jan	13.1	Sporty Diva's Last Run of the Year at Green Lake	WA, USA	20-Jan	13.1	Mainly Marathons Aloha Day 2	── HI, USA
1-Jan	13.1	Hangover Half	KS, USA	21-Jan	13.1	Mainly Marathons Aloha Day 3	HI, USA
1-Jan	13.1	Polar Dash Half	MN, USA	21-Jan	13.1	Elkmont's Hound Dog Half	AL, USA
7-Jan	13.1	Mississippi Blues Half Marathon	MS, USA	21-Jan	20mi	Coldwater Rumble	AZ, USA
7-Jan	13.1	Winter Warrior	NY, USA	21-Jan	13.1	The Duel Half Marathon	TX, USA
7-Jan	13.1	Chicago Polar Dash	IL, USA	21-Jan	13.1	Frost Eagle (Soaring Eagle Park)	₹ WA, USA
7-Jan	13.1	Red Nose Half	GA, USA	21-Jan	13.1	Nookachamps Half	🥍 WA, USA
7-Jan	13.1	Citrus Heritage Run	CA, USA	21-Jan	13.1	The Rain Run	WA, USA
7-Jan	13.1	Walt Disney World Half Marathon	FL, USA	21-Jan	13.1	Oregon Winter Half	OR, USA
7-Jan	25K	Bandera Endurance Run	TX, USA	21-Jan	25K	Horseshoe Trail Run	TX, USA
7-Jan	13.1	Run to Read Half Marathon	WV, USA	22-Jan	13.1	3M Austin Half Marathon	TX, USA
7-Jan	13.1	ORRC Y2K	OR, USA	22-Jan	13.1	Vancouver Lake Half Marathon	WA, USA
8-Jan	13.1	Let's Go Haiti Half Marathon	HTI	22-Jan	13.1	Pasadena Half Marathon	CA, USA
8-Jan	13.1	First Light Half Marathon	AL, USA	22-Jan	13.1	Lakeridge Winery Half Marathon	FL, USA
8-Jan	13.1	Camarillo Half Marathon	CA, USA	22-Jan	13.1	Clearwater Halfathon	FL, USA
14-Jan	13.1	Pacifica Foothills	CA, USA	22-Jan	13.1	Mainly Marathons Aloha Day 4	HI, USA
14-Jan	13.1	Best Damn Race - Jacksonville	FL, USA	22-Jan	13.1	NYRR Fred Lebow Manhattan Half Marathon	NY, USA
14-Jan	13.1	Pensacola Beach Run 1/2 Marathon	FL, USA	23-Jan	25K	Go Short Go Long Go Very Long	OK, USA
14-Jan	13.1	Winter Night Trail Marathon	J IN, USA	28-Jan	13.1	Tukwila to Alki Half Marathon	WA, USA
14-Jan	13.1	Free-ze Your Half Off	TN, USA	28-Jan	13.1	Mansfield Run With Heart	TX, USA
14-Jan	13.1	Charleston Marathon	SC, USA	28-Jan	13.1	Icebreaker Half Marathon	WI, USA
15-Jan	13.1	Houston Half Marathon	TX, USA	28-Jan	13.1	Securian Half Marathon	MN, USA
15-Jan	13.1	Cascade Half Marathon	OR, USA	28-Jan	13.1	F3 Half Marathon	IL, USA
15-Jan	13.1	Bermuda Marathon Weekend	BMU	29-Jan	13.1	Boston Prep 16 Miler	NH, USA
15-Jan	13.1	Marathon Bahamas 1/2 Marathon	NP, BHS	29-Jan	13.1	Town of Celebration Half Marathon	FL, USA
15-Jan	13.1	Mumbai Half Marathon	MM, IND	29-Jan	13.1	Miami Half Marathon	FL, USA
15-Jan	13.1	Maui Oceanfront	HI, USA	29-Jan	13.1	Phoenix Women's Half Marathon	AZ, USA
15-Jan	13.1	Louisiana 1/2 Marathon	LA, USA	29-Jan	13.1	Big Beach 1/2 Marathon	AL, USA
15-Jan	13.1	Ocala Half Marathon	FL, USA	29-Jan	13.1	Too Cold to Hold	TX, USA
15-Jan	13.1	Key West Half Marathon	FL, USA	29-Jan	13.1	Seattle Locks Half Marathon	WA, USA
15-Jan	13.1	Sharkbite Half	FL, USA				

<sup>\*</sup> You can find links to these races (and many more) on the Race Calendar at:

http://www.marathonmaniacsdb.com/fanatics/events.



#### HALF FANATIC CRITERIA



#### neptune

- 2 Half Marathons within a 16 day time frame.
- 3 Half Marathons within a 90 day time frame.

#### O URANUS O

- 3 Half Marathons within a 16 day time frame.
- 6 Half Marathons in 6 consecutive calendar months.
  - 8-11 Half Marathons within 365 days.







- 4 Half Marathons within 37 days.
- 12-18 Half Marathons within 365 days.
- 4 Half Marathons in 4 different US states\* within 51 days.



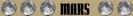




- 4 Half Marathons within 23 days.
- 19-25 Half Marathons within 365 days.
- 2 Half Marathons in 2 days (or 48 hours) must finish both races!
  - 9 Half Marathons in 9 different US states\* within 365 days.

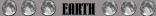








- 3 Half Marathons within 3 days.
- 26-30 Half Marathons within 365 days.
- 4 Half Marathons within a 9 day window.
- 3 Half Marathons in 3 different US states\* within 10 days.
- 13 Half Marathons in 13 different US states\* within 365 days.









- 31-37 Half Marathons within 365 days.
- 16 Half Marathons in 16 different US states\* within 365 days.
  - 6 Half Marathons within 16 days.







- 38-44 Half Marathons within 365 days.
- 20 Half Marathons in 20 different US states\* within 365 days.
  - 13 Half Marathons within 79 days.





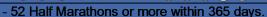
- 45-51 Half Marathons within 365 days.
- 23 Half Marathons in 23 different US states\* within 365 days.
  - 28 Half Marathons within 183 days.











- 30 Half Marathons in 30 different US states\* within 365 days.
- 20 Half Marathons in 20 different countries within 365 days.
- \* US States, Countries or Canadian Provinces (any combination)

# HALF FANATIC MEMBERSHIP

Races can be run on either Saturday or Sunday. We will take into consideration events that are on other days of the week.

All races need to be official events. no training runs will count!

To be a Fanatic, Half Marathon times are not an issue, just that you finish your races. Also that you are having fun! After all, isn't that why we do this?

If you fit the Criteria, You too can be a Half Fanatic!

Visit http://www.halffanatics.com/ membership to join!

# MEMBERSHIP RENEWAL

Visit www.halffanatics.com to renew your Membership today!



### **NEW MOONS**

**URANUS** 



**SATURN** 



Carrie Stone, #13281

**JUPITER** 

Rhonda Wills, #11910

MARS



**EARTH** 



Marty Syring, #13247 Barbara Boos, #4973 Jerry Boos, #11799

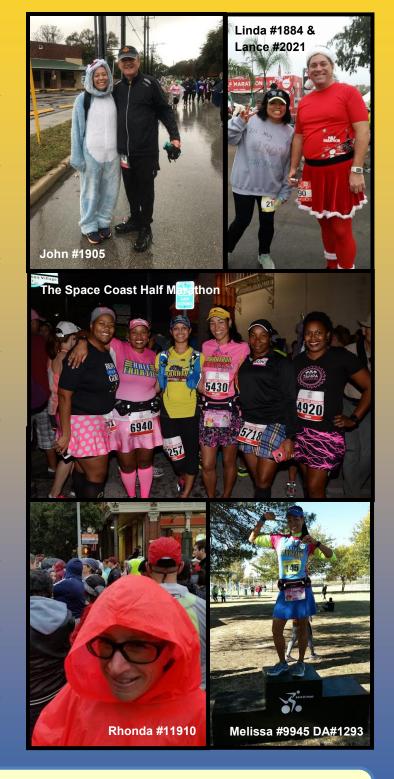


MERCURY



THE SUN

Bill Murphy, #12914, DA#1821



Congratulations to all the Half Fanatics who achieved their goals and new Moon levels!

If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: Halffanaticnewsletter@gmail.com.







### HALF FANATIC RACE DISCOUNTS

The following are just some of the newest races offering discounts for HF members. Check out the "Members Only" section of the website for a complete list and access to discount codes.

WHEN		WHAT	WHEN		WHAT
7-Jan	MS	Mississippi Blues Half Marathon	15-Apr	RI	Newport Rhode Race Half Marathon
8-Jan	AL	First Light Half Marathon	22-Apr	KS	Garmin Half Marathon
15-Jan	CA	Carlsbad Half Marathon	6-May	WI	Wisconsin Half Marathon
21-Jan	TX	The Duel Half Marathon	13-May	NM	Shiprock Half Marathon
5-Feb	FL	Tallahassee Half Marathon	28-May	ОН	Mainly Marathons Heartland (Day 1)
11-Feb	ΑZ	Little Colorado River Gorge Half Marathon	17-Jun	CA	Sugar Daddy Half Marathon
24-Feb	ОК	The POSTOAK Challenge (Day 1)	2-Jul	NM	Angel Fire Half
4-Mar	CO	DreamCatcher Half Marathon	8-Jul	ME	Shipyard Old Port Half Marathon
18-Mar	TN	Raccoon Mountain Half Marathon	20-Aug	ΑK	Skinny Raven Half Marathon
25-Mar	NC	Wrightsville Beach Half Marathon	17-Sep	NE	HITS Omaha Half Marathon
8-Apr	MD	Metric Marathon (16.2 miles)			

### FANATIC POLL



Each month there will be a "Fanatic poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

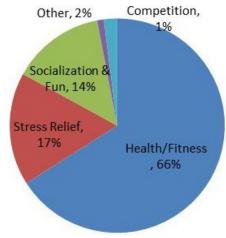
#### This month's question:

My 2017 New Year's Resolution will include...

Please submit your response at: http://survey.constantcontact.com/ survey/a07edmn8d75ix26wj2v/start

#### Last month's question: My primary reason

for running is...





### Welcome to the Flying Fanatics Kids Club!



Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

- 1. Tri-Fold brochure map to track your child's fitness journey.
- 2. Access to an interactive online map to track miles inside The Perch.
- 3. Flying Fanatics kids tech tee.
- 4. Flying Fanatics Finisher Medal.
- 5. Flying Fanatics official club number up on The Perch.

Find out more at: <a href="http://www.halffanatics.com/flying-fanatics">http://www.halffanatics.com/flying-fanatics</a>.

### **WELCOME TO THE PERCH!**

**NEW NOVEMBER 2016 FLYING FANATICS** 

#71 William M. OK
Working on Owl

# FLYING FANATICS FITNESS LEVELS

#### Condor

26.20 Miles in 8 Weeks

#### (Sea) Hawk

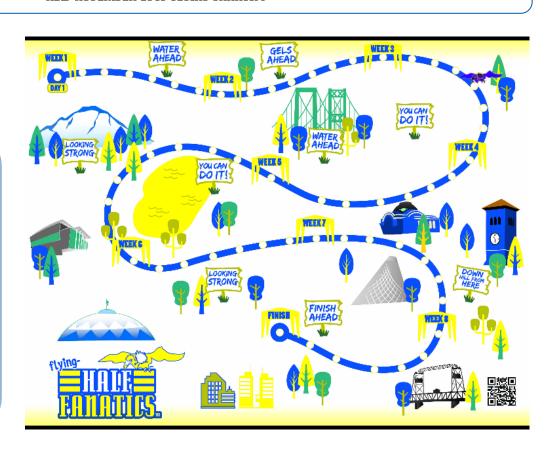
32.75 Miles in 8 Weeks

#### Owl

39.30 Miles in 8 Weeks

#### **Bald Eagle**

45.85 Miles in 8 Weeks





### Welcome to the Asylum!

**NEW NOVEMBER 2016 HALF FANATICS** 

#15482 Michael Redmond, TX #15483 DesRemona Morgan, TN #15484 Rebecca Randolph, VA #15485 Jeffrey Nelson, KS #15486 Kevin Shumway, ID #15487 JT Hale, GA #15488 Grace Polk. DE #15489 Sue McCrummen, WA #15490 Chris McCrummen, WA #15491 Lori Milam, OK #15492 Kelley Elliott, MD #15493 JoAnn Walters, NJ #15494 Heidi Horn, WA #15495 Adrienne Copeland, NJ #15496 KIMBERLY ALLEN, TX #15497 Susan Jones, MO #15498 Vincent Walsh, OH #15499 Danielle Chevalier, CT #15500 Rosemary Moore, IA #15501 Caroline Mann, PA #15502 Sara Munguia, IL #15503 Lita Marion, IN #15504 Heather Schry, FL #15505 Sandra Troutman, MD #15506 Kathleen Swanberg, MI #15507 Krista Staley, #15508 Denise Davis, TX #15509 Angela Jobbagy, BC #15510 Jaclyn Engelsher, Ken #15511 Jamie Anderson, ID #15512 Jen Keutzer, MO

#15514 Esther Conibear, BC #15515 Pam Robinson, NM #15516 Geylah Jones, IL #15517 SCOTT GUILLEMETTE, NH #15518 Pamela Lempicki, FL #15519 John Flanigan, SC #15520 Anessa Westmoreland, GA #15521 Crissy Reeves, OK #15522 Beth Mical, NC #15523 Scott Crawford, TN #15524 Princess Johnson, GA #15525 Rebecca Corazzin, KS #155<mark>26 Linda Juretschke, IL</mark> #15527 Kayla Arnold, IN #15<mark>528 Keri Wyllie, NY</mark> #15529 Christopher Trochez, LA #15530 Charlotte Yeglic, VA #15531 Ann Rutherford, NC #15532 manishi tuli, TX #15533 Caryn Morss, Cal #15534 Lisa Knust, VA #15535 Julie Newell, CA #15536 kara velinova, TX #15537 Stephanie Whitacre, NC #15538 Joanne Radeke, IA #15539 Lauren Green, CA #15540 Rose Abbey, NJ #15541 Ryann Rivera, FL #15542 Jessica Gravatt, PA #15543 James Milam, OK #15544 Amanda Richard, LA #15545 Courtney Kramer, FL

#15546 Christine Czerwonka, AE #15547 Beverly Brown, PA #15548 Heidi Reiss-Tait, PA #15549 Karen Owens, OH #15550 Nicholas Alexander, OH #15551 Lin Stokes-Crowe, OH #15552 Gretchen Herring, OK #15553 Beth Kirsch, PA #15554 Elizabeth Correll, MO #15555 Melinda Crews, IN #15556 Jon Norcross, AR #15557 Rose Milligan, MO #15558 My-Angela Buescher, CA #15559 Katrina Dauphin, FL #15560 Teri Scott, VA #15561 David Shaffer, NJ #15562 Samuel Lafaye, VA #15563 Gina Perkins, NJ #15564 KAREN RICHARDSON, Geo #15565 Sherry Warner, VA #15566 Teresa Escalante, AR #15567 Emily Donlevy, CA #15568 Kari Albrecht Earll, Mis #15569 Christina Brooks, LA #15570 Laura Lee, PA #15571 Willie Rolo, KS #15572 Alyssa Cohenour, OK #15573 WANDA SHOEMAKE, MS #15574 Angela Lewis-Young, MS #15575 Anoosha Lamica, Vir #15576 Kyle Speegle, AR #15577 Stephanie Goodwin, IL

#15513 Jeff Burgess, SC