



# JUNE 2017 NEWSLETTER

## CONTENTS

- [Cover Page](#) 1
- [Signature Races/Reunion](#) 2
- [June Race Photos](#) 3
- [Did You Know?](#) 4
- [June Race Photos](#) 5-6
- [Achievements](#) 7-8
- [June Race Photos](#) 9-10
- [Regional Facebook Pages](#) 11
- [Upcoming August Races](#) 12
- [June Race Photos](#) 13-14
- [Gear/Fanatic Poll](#) 15
- [Flying Fanatic/Editor](#) 16
- [Bear Lake Photos](#) 17
- [New Members](#) 18
- [Our Why](#) 19-20



Jamicka #15931, John #8439



Steve #21, Julia #131  
Capital FC Half



Garry Bjorklund Half



Frank #9315, Lisa #579,  
Walter #8351, Lauren #1645



Frank #9315, Linda #1781, Jennifer  
#9031, Lisa #579, Charlie #3181



Melissa #9945



Hospital Hill Run Half



HOTLANTA Half

**Follow us!**

Half Fanatics | @halffanatics | @MainFanatics

USE #HALFFANATICS TO BE FEATURED!





[Return to Contents](#)

## Half Fanatic Reunion Race!



### October 1st, 2017

Branson, MO

Grand County Half Marathon

Perks Include:

- Custom Club Finisher's Medal
- Custom Club Shirts For All Members
- Race Bag
- Race Water Bottle
- Finisher Cowboy Hat

\*\*\$20 race discount for all members in good standing\*\*



### REUNION RACE LODGING

#### Discount rooms and packages

Half Fanatics are encouraged to take advantage of the resort packages for your lodging needs!

Grand County Resort 888-514-1088

[www.grandcountry.com](http://www.grandcountry.com)

#### \$119.00 1 Night Lodging Package

- 1 night stay (standard room) for up to 2 adults / 2 children
- Water park passes for the whole family
- 4 tickets to Grand Country Music Hall
- 4 mini-golf passes

1 pizza from Papa Grand's Pizza

#### \$179.00 2 Night Lodging Package

- 2 night stay (standard room) for up to 2 adults / 2 children
- Water park passes for the whole family
- 4 tickets to Grand Country Music Hall
- 4 mini-golf passes

1 pizza from Papa Grand's Pizza

\*Valid between Sept. 31<sup>st</sup> and October 2<sup>nd</sup>, 2017

\*\*Must provide race registration confirmation number. Clubhouse room upgrade for additional \$30.00 based on availability

\*The race is offering a \$20 discount for all members in good standing (Discount code is listed on the race calendar)



### Signature Race Series

2017-2018



### RACE - 3

July, 9th, 2017

[www.madmarathon.com](http://www.madmarathon.com)

Receive an extra club medal!

Add your name to the race calendar!



### Signature Race Series

2017-2018

Club Medals!

Cutoff date: TBD

### RACE - 4

September 24th, 2017

Add your name to the race calendar!



Presented by **BUILDERS** Building Excellence

[www.foxcitiesmarathon.org](http://www.foxcitiesmarathon.org)

Signature Race Series is here.

The Maniacs / Fanatics have partnered with some AWESOME races around the country to bring you the 1st annual Signature Race Series.

For more information visit: <http://www.marathonmaniacs.com/signature-race-series/>





[Return to Contents](#)

## PHOTOS



Steven aka "The Prez" #1



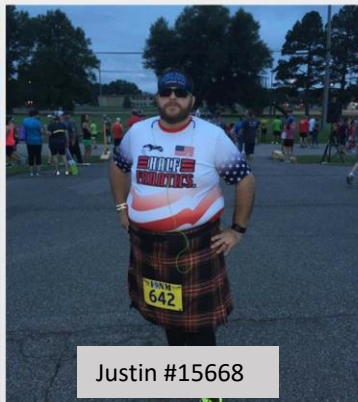
Jamila #3959



Mario #3815, Christabelle #3501



Katy #8306



Justin #15668



Seattle Rock n Roll



Greg #14245, Melissa #9945



May #8518, GB



Inaugural Gold Country Half



Kelly #11870, Shannon #8526



Steve #21



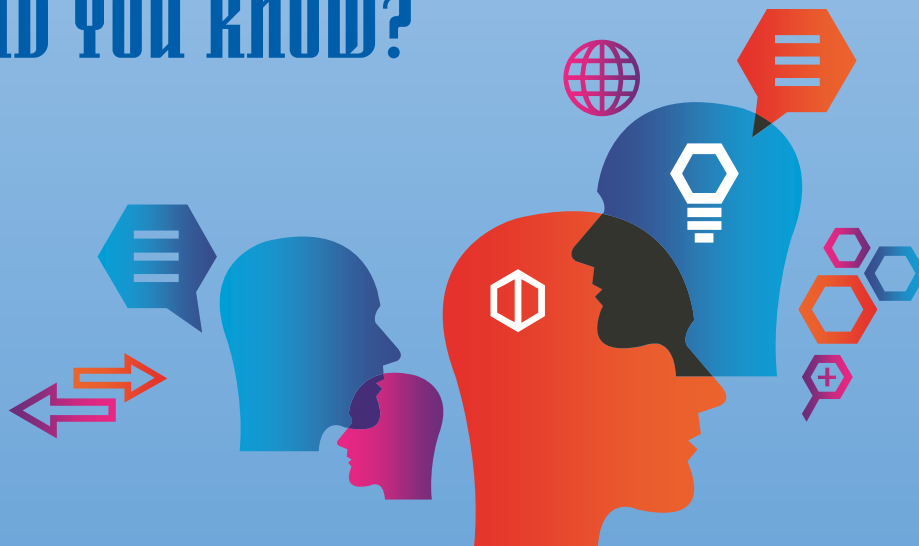
Theresa #9073





[Return to Contents](#)

## DID YOU KNOW?



### Write Reviews

Write reviews for races in the Half Fanatics Race Calendar. Just click on "Review" under the event date for the specific race you want, and then click on "Write a Review."

If your event is too old to be on the current calendar, you can access past races from the Race menu.

Events with previous reviews have at least one moon animated GIF under the title. Those not reviewed have only moon placeholders.

Go ahead and give it a try to let your fellow runners know about races you've done. That way they'll know next year whether to sign up or not. Maybe someone else's review will help you decide on the races you'll choose.

### June had **129** race events listed on the Half Fanatics Race Calendar.

#### The top five events attended by Half Fanatics were:

Rock n Roll Seattle, Rock n Roll San Diego, and Bear Lake days 1, 2 and 3 were the top 5 attended by Half Fanatics on our race calendar.

- **RnR Seattle:** People thought the new course was terrific, but a bit of a problem at the start with not enough port-a-potties.
- **RnR San Diego:** People go back year after year for the great weather and a nice course. The after race party was a blast!
- **Bear Lake Trifecta:** These three events are held in UT, ID, and WY in three days. These are "no frill" events, and lots of runners recommend bringing your own hydration. Still, these are a cheap and easy way to knock out three states on your way to 50!

Lifetime Membership



SAVE MONEY WITH A LIFETIME MEMBERSHIP.

## NEW Features Added

We've added **participation options** to when you **join a race**. Once you join a race on the race calendar, you can go to "My Upcoming Events" under the "Members" tab on the website. Once there, you have the option of choosing what level of participation you plan (Running, Interested, Staff/Crew and Volunteering are the 4 options). There is also a check box to the right of the drop down for "Arrangements Made". This is to help you keep track of payment, or travel, or whatever you wish.

\*Note: Just because you join a race on the calendar doesn't mean it's automatically counted. You still need to enter your finish data under "My Races". So no matter what option you choose, it won't be counted until that info is entered.

Also new, on your Member "My Profile" you can now view all the Countries and US States you have run along with race counts.





[Return to Contents](#)

## PHOTOS



Mwenyewe #7836, Khadijah #12964



American Hero 25K



Lisa #12354



Kimara #10680



Lorelei #12254



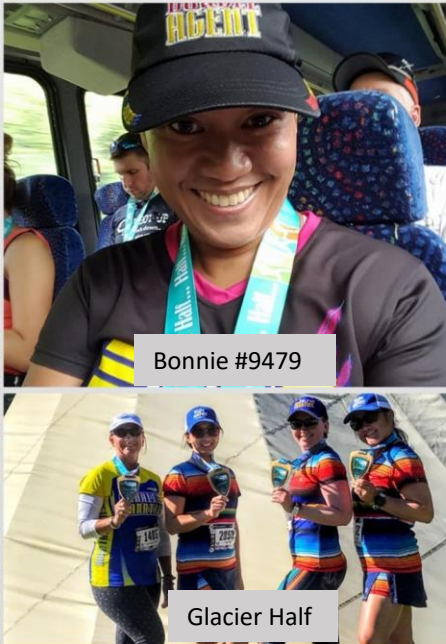
Grand Teton Half



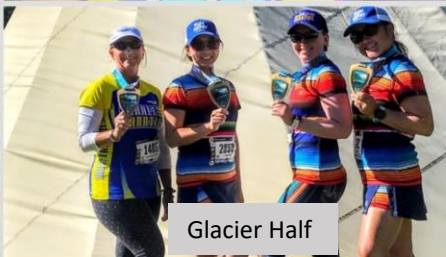
Amy #7631



Randy #4373



Bonnie #9479



Glacier Half



Tony #13280



Tangel #14356





[Return to Contents](#)

## PHOTOS



Greg #14245,  
Melissa #9945



Vatema #11325, Vernon #11363



Michael #9149



Wounded Warrior Military Miles



Patty #8375, Jill #14534



Run and Ride Cedar Point



Angel #14357



Theneshia  
#15888



Christy #15643,  
Stephen #16013



Joey #9146, Ray #8728



Nathalie #10047



Kevin #15967, John #1905





[Return to Contents](#)

## THE SUN

- 52 Half Marathons or more within 365 days.
- 30 Half Marathons in 30 US states\* within 365 days.
- 20 Half Marathons in 20 different Countries within 365 days.

## MERCURY

- 45 - 51 Half Marathons within 365 days.
- 23 Half Marathons in 23 US states\* within 365 days.
- 28 Half Marathons within 183 days.

## VENUS

- 38 - 44 Half Marathons within 365 days.
- 20 Half Marathons in 20 US states\* within 365 days
- 13 Half Marathons within 79 days.

## EARTH

- 31 - 37 Half Marathons within 365 days.
- 16 Half Marathon in 16 different US states\* within 365 days.
- 6 Half Marathons within 16 days.
- 4 Half Marathon in 4 Days.

## MARS

- 3 Half Marathons within 3 days.
- 26 - 30 Half Marathons within 365 days.
- 4 Half Marathons within a 9 day window.
- 3 Half Marathons in 3 separate US states\* within a 10-days.
- 13 Half Marathons in 13 different US states\* within 365 days.

## JUPITER

- 4 Half Marathons in 23 days.
- 19 - 25 Half Marathons within 365 days.
- 2 Half Marathons in 2 days (or 48 hours) must finish both races!
- 9 Half Marathons in 9 different US states\* within 365 days.

## SATURN

- 4 Half Marathons within 37 days.
- 12 - 18 Half Marathons within 365 days.
- 4 Half Marathons in 4 different US states\* within 51 days.

## URANUS

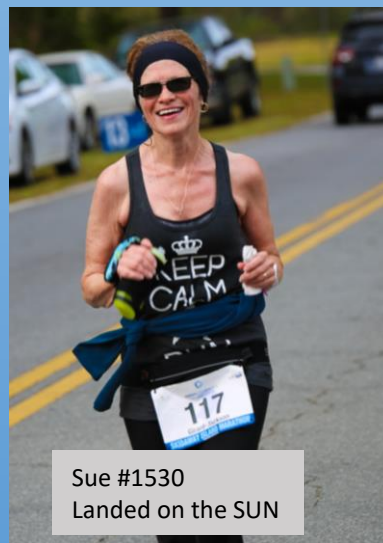
- 3 Half Marathons within a 16 day time frame.
- 6 Half Marathons in 6 consecutive calendar months.
- 8 - 11 Half Marathons within 365 days.

## NEPTUNE

- 2 Half Marathons within a 16 day time frame.
- 3 Half Marathons within a 90 day time frame.

Congratulations to all the Half Fanatics who achieved their goals.

If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: [half fanaticnewsletter@gmail.com](mailto:half fanaticnewsletter@gmail.com).



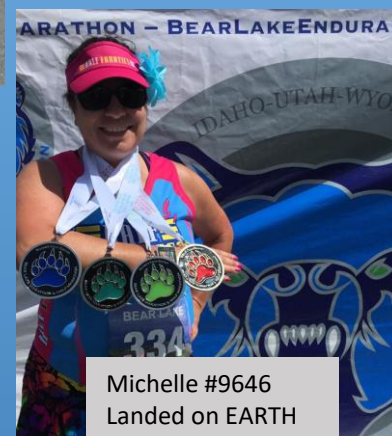
Sue #1530  
Landed on the SUN



Jessica #2223  
Landed on the SUN



Becca #12080  
Landed on JUPITER



Michelle #9646  
Landed on EARTH



Teresa #15263  
Landed on SATURN

Lajuana #6566  
Landed on MARS

Teri #7300  
Landed on MARS

Timika #13001  
Landed on MARS



[Return to Contents](#)

## MILESTONES

Congratulations to the following Half Fanatics who reached a milestone this month! Let me know if you reach one too! Send me an email at [half fanaticnewsletter@gmail.com](mailto:half fanaticnewsletter@gmail.com).



Tracey #8117  
100<sup>TH</sup> HALF



Jim #1098  
100<sup>TH</sup> HALF



Lisa #579  
100<sup>TH</sup> HALF



Kathleen #5444  
50<sup>TH</sup> HALF

Think you've run your share of half marathons and ready for a new challenge? Join the Marathon Maniacs and become a Double Agent.

Qualify by running:  
2 Marathons within a 16 day time frame or  
3 Marathons within a 90 day time frame.

<http://www.marathonmaniacs.com/>

## Congratulations NEW MARATHON MANIACS



Gregory #12114



Nancy #14493



Julie #131







[Return to Contents](#)

## PHOTOS



Rock n Roll San Diego



Melissa #9945,  
Nikki #1776



Red Fern Half



John #1905, Scott #10401, Kevin #15967



Jamicka #15931



Mammoth Half



REVEL Rockies



Tammi #14326, Randy #4373,  
Billie #13784, Amy #7631



Tawanna #5345



Randy #4373



Hatfield McCoy River Road Half



Half Sauer Half Kraut





[Return to Contents](#)

## PHOTOS



Brenda #5687



Cynthia #9061



Grateful Dad Half



Grandma's marathon



Colleen #9541



Gary #911



Gerald #15055



Anna #11720



Bill #8282,  
Danielle #11704,  
Charlie #3181



Donna #7420



Garry Bjorklund half



Crowley Road Race





[Return to Contents](#)

## HALF FANATICS REGION PAGES

Half Fanatics Facebook group pages have been setup in regions across the USA and beyond. If you live in one of the areas, connect with your local chapter!

### Region:

- [Albuquerque, NM](#)
- [Anchorage / South Central Alaska](#)
- [Atlanta, GA](#)
- [Augusta, GA](#)
- [Austin, TX](#)
- [Baltimore, MD](#)
- [Baton Rouge, LA](#)
- [Birmingham, AL](#)
- [Buffalo, NY](#)
- [Central Arkansas / Little Rock](#)
- [Central Gulf Coast / Mobile](#)
- [Chattanooga, TN](#)
- [Chicago / Western IL](#)
- [Cincinnati, OH](#)
- [Colorado Springs, CO](#)
- [Dallas Fort Worth, TX.](#)
- [Denver, CO](#)
- [Des Moines, South Central IA](#)
- [Detroit, MI](#)
- [European](#)
- [Greensboro, NC](#)
- [Honolulu, HI \(Oahu\)](#)
- [Houston, TX](#)
- [Kansas City, MO](#)
- [Knoxville, TN](#)
- [Lincoln / Omaha NE](#)
- [Long Beach, CA](#)
- [Lubbock / West Texas](#)
- [Miami, FL](#)



### Region:

- [Memphis, TN](#)
- [Nashville, TN](#)
- [New Orleans, LA](#)
- [Northern New Jersey](#)
- [Northwest Arkansas](#)
- [North Dakota](#)
- [Oklahoma City, OK](#)
- [Orlando, FL](#)
- [Panama City / Gulf Coast, FL](#)
- [Portland, OR.](#)
- [Philadelphia, PA](#)
- [Phoenix, AZ](#)
- [Raleigh / Cary, NC](#)
- [Richmond, VA](#)
- [Rochester, NY](#)

### Region:

- [Sacramento, CA](#)
- [Salt Lake City, UT](#)
- [San Antonio, TX](#)
- [San Diego, CA](#)
- [Seattle, WA](#)
- [Shreveport, LA](#)
- [Springfield, MO](#)
- [St Louis / SW Illinois](#)
- [Tacoma / South Puget Sound](#)
- [Tampa / St. Petersburg, FL](#)
- [Tulsa, OK](#)
- [Twin Cities, MN](#)
- [Virginia Beach, VA](#)
- [Washington DC](#)
- [Wichita, KS](#)





[Return to Contents](#)

## UPCOMING AUGUST RACES

8/5	<a href="#">The Legend Half Marathon</a>	13.1	MI	8/19	<a href="#">Madison Mini Marathon</a>	13.1	WI
8/5	<a href="#">High Mountain Half Marathon</a>	13.1	AZ	8/19	<a href="#">Alien 13.1 and Terrestrial 5K</a>	13.1	GA
8/5	<a href="#">Summer Breeze Half Marathon</a>	13.1	CA	8/19	<a href="#">Running Between the Vines</a>	13.1	MI
8/5	<a href="#">Minnesota Half Marathon</a>	13.1	MN	8/19	<a href="#">Parkersburg News and Sentinel Half Marathon</a>	13.1	WV
8/5	<a href="#">Crawfish Crawl Half Marathon</a>	13.1	OR	8/19	<a href="#">Tacoma Narrows Half Marathon</a>	13.1	\$ WA
8/5	<a href="#">Sunset on the Springwater</a>	13.1	OR	8/19	<a href="#">Pikes Peak Ascent</a>	13.1	CO
8/5	<a href="#">Huckleberry Half</a>	13.1	OR	8/19	<a href="#">Cheesehead Run</a>	13.1	WI
8/6	<a href="#">Badass Texas Half</a>	13.1	TX	8/19	<a href="#">Valley of the Trolls Half Marathon</a>	13.1	WA
8/6	<a href="#">ET Full Moon Half Marathon</a>	13.1	NV	8/19	<a href="#">Race the Train</a>	14M	WAL
8/12	<a href="#">Goodyear Half Marathon</a>	13.1	OH	8/19	<a href="#">Go Far Woman</a>	13.1	ND
8/12	<a href="#">The Rocky Mountain Half</a>	13.1	CO	8/20	<a href="#">Hickam Half Marathon</a>	13.1	HI
8/12	<a href="#">SeaWheeze</a>	13.1	BC	8/20	<a href="#">Michigan 13.Wine Half Marathon</a>	13.1	MI
8/12	<a href="#">The Town's Half Marathon</a>	13.1	CA	8/20	<a href="#">America's Finest City Half Marathon</a>	13.1	CA
8/12	<a href="#">Post Canyon Half Marathon</a>	13.1	OR	8/20	<a href="#">Montreal Demi Marathon</a>	13.1	QC
8/12	<a href="#">Cosmo 1/2</a>	13.1	WA	8/20	<a href="#">Skinny Raven Half Marathon</a>	13.1	\$ AK
8/12	<a href="#">Gopher To Badger</a>	13.1	WI	8/20	<a href="#">Rock Hall Half Marathon</a>	13.1	\$ OH
8/12	<a href="#">Georgetown to Idaho</a>	13.1	CO	8/20	<a href="#">Evergreen Half Marathon</a>	13.1	WA
8/12	<a href="#">Beaver Chase</a>	13.1	IN	8/20	<a href="#">Leading Ladies' Marathon</a>	13.1	SD
8/12	<a href="#">Galloping Gertie</a>	13.1	WA	8/26	<a href="#">Nebraska State Fair Marathon</a>	13.1	NE
8/12	<a href="#">Garlic Festival Half Marathon</a>	13.1	OR	8/26	<a href="#">MD HEAT</a>	25K	MD
8/12	<a href="#">Haulin Aspen Half Marathon</a>	13.1	OR	8/26	<a href="#">North Country Trail Run - Saturday Half</a>	13.1	MI
8/12	<a href="#">Beat the Heat</a>	13.1	NE	8/26	<a href="#">Tour de La Porte Half Marathon</a>	13.1	\$ IN
8/12	<a href="#">Race the Reserve</a>	13.1	WA	8/26	<a href="#">Scheels Healthy Human Race</a>	13.1	MN
8/12	<a href="#">Dragons Den Half Marathon</a>	13.1	TX	8/26	<a href="#">Canby Dahlia Run</a>	13.1	OR
8/12	<a href="#">Suncadia MultiSports Festival</a>	13.1	WA	8/26	<a href="#">Patrick Henry 1/2 Marathon</a>	13.1	VA
8/12	<a href="#">The Original Columbus Half Marathon</a>	13.1	OH	8/26	<a href="#">The Dirt Dash Half Marathon</a>	13.1	SC
8/13	<a href="#">Ironman 70.3 Steelhead</a>	13.1	MI	8/26	<a href="#">Strider Half</a>	13.1	WI
8/13	<a href="#">Humboldt Bay Half Marathon</a>	13.1	\$ CA	8/27	<a href="#">Santa Rosa Half Marathon</a>	13.1	CA
8/13	<a href="#">Bristol Half Marathon</a>	13.1	CT	8/27	<a href="#">Giant Race - SF</a>	13.1	CA
8/13	<a href="#">Mud and Chocolate Half</a>	13.1	WA	8/27	<a href="#">Blueberry Cove 1/2 Marathon</a>	13.1	ME
8/13	<a href="#">Steamboat Stinger 1/2</a>	13.1	CO	8/27	<a href="#">Underdown Trail Race Half Marathon</a>	13.1	WI
8/13	<a href="#">Little Miami Half</a>	13.1	OH	8/27	<a href="#">Ironman 70.3 Maine</a>	13.1	ME
8/13	<a href="#">Rock 'n' Roll Dublin</a>	13.1	\$ IRL	8/27	<a href="#">North Country Trail Run - Sunday Half</a>	13.1	MI
8/13	<a href="#">Bridge of the Gods Half Marathon</a>	13.1	OR	8/27	<a href="#">Iron Horse Half Marathon</a>	13.1	WA
8/13	<a href="#">The Hottest Half</a>	13.1	TX	8/27	<a href="#">Corps of Discovery Half Marathon</a>	13.1	MO
8/19	<a href="#">Reykjavik Half Marathon</a>	13.1	ISL	8/27	<a href="#">Emerald City Half Marathon</a>	13.1	OH
8/19	<a href="#">Monkey Face Half Marathon</a>	13.1	\$ OR	8/27	<a href="#">Black Diamond Express</a>	13.1	NY

\*You can find these races (and many more) on the Race Calendar at: <http://www.marathonmaniacsdb.com/fanatics/events>

The races above with \$ have discounts. Look for the gold coin on the race calendar page, which signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved. **RACE DIRECTORS - PLEASE SEND YOUR RACE DISCOUNT CODES to Jeff Bollman [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)**



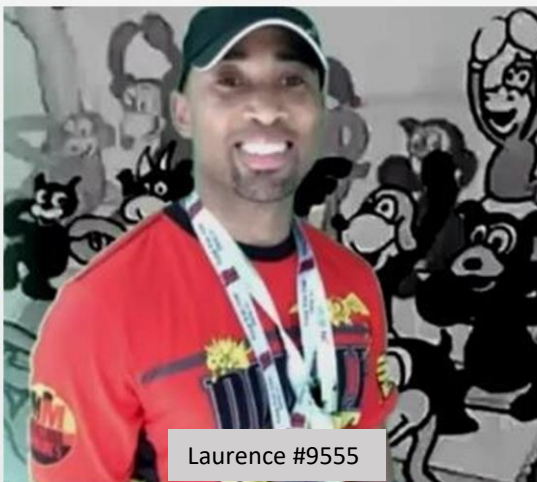


[Return to Contents](#)

## PHOTOS



Rick #7599, Jodi #7708



Laurence #9555



Jennifer #903, Frank #9315, Lisa #579, Danielle #11074, Charlie #3181



Karen #10738



Kristin #10436



L Valerie #9324



Palmetto Endurance



Kandi #13600, Janice #1246



HOTLANTA Half



Robbie #4736



Samuel #15562



Rapa Nui Half





[Return to Contents](#)

## PHOTOS



Ryan #9084



Ronita #8514



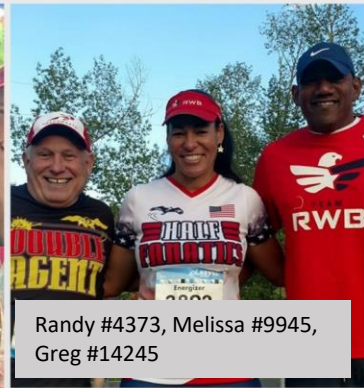
Jim #6523



Terry #7381, Kim #6794



ZOOMA Annapolis Half



Randy #4373, Melissa #9945, Greg #14245



Linda #1781, Diana #9716, Lisa #579, Frank #9315



Sharon #12101



Rock & Roll San Diego



Yvonne #9870





[Return to Contents](#)

## FANATIC GEAR

We switched our manufacturer and are having a close out sale on all our old shirts & singlets. Order yours today before they're gone!!

**SALE!**

HALF FANATICS 13.1

**30% OFF  
SELECTED SHIRTS  
& SINGLET'S**

SELECTED SHIRTS & SINGLET'S ARE ON SALE  
NOW ONLINE FOR \$34.95. GET THEM NOW  
BEFORE THEY'RE GONE.

## EXPO SCHEDULE

The Gear Guy will be at the following event  
Expos with club gear for  
Marathon Maniacs and Half Fanatics:

**Mad Marathon Expo**  
July 9th

**Fox Cities Marathon Expo**  
September 24th

**Tucson Marathon Expo**  
December 9<sup>th</sup>

**Tobacco Road Marathon**  
March 2018

## FANATIC POLL



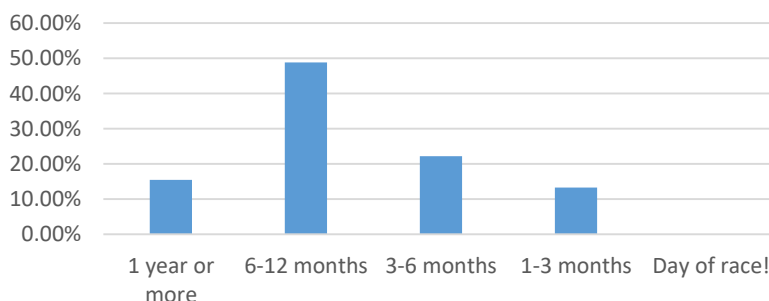
Each month there will be a "Fanatic poll" posted online. Please take a few moments to answer this poll. Results will be in the next newsletter.

**This month's question:**  
**Did you know there's a 1st ever Fanatics  
(Only) Reunion Race, October 1st in  
Branson, Missouri?**

Please submit your response at:  
<http://survey.constantcontact.com/survey/a07eecj3pvlj4r9i5nz/start>

### Last month's question:

How far in advance do you schedule  
races/events?







[Return to Contents](#)



Get your child moving! An 8 week running program with fun and challenging running activities.

#### Mission

- To introduce our youth to the physical and emotional positive effects of running.
- To increase the physical activity of our youth.
- To create a positive environment where all participants are equal.
- \*Hard work and determination will be rewarded at the end of the journey!

Find out more at: <http://www.halffanatics.com/flying-fanatics>.



Flying Fanatic #53,  
Zachary

\*If you would like us to give a shout out to your Flying Fanatic, email information to [halffanaticnewsletter@gmail.com](mailto:halffanaticnewsletter@gmail.com)

Welcome to the Perch  
June New Member  
**Charles Cook, Flying Fanatic #79**

## FROM THE EDITOR

Hello SUMMER. Remember to hydrate and don't forget the sunscreen! The temperatures sure have climbed to some uncomfortable levels. Hope you're getting out there and participating in more events.

Want to share your "why you run", your achievements, goals, and any stories? Did you have a really great run -- or a horrid one? Are you celebrating any milestones: 50 half marathons? 100? 1000? Did you level up?

Shoot me an email to include you in the next newsletter!  
[halffanaticnewsletter@gmail.com](mailto:halffanaticnewsletter@gmail.com)

-Kellie Follett #4560







[Return to Contents](#)

## BEAR LAKE PHOTOS



Jenny #11606



Lajuana #6566 landed on MARS



Michelle #9646



Sherri #10853



Natalie #9449



Kinyorda #4494,  
Teri #7300 landed on MARS



Natalie #14446





[Return to Contents](#)



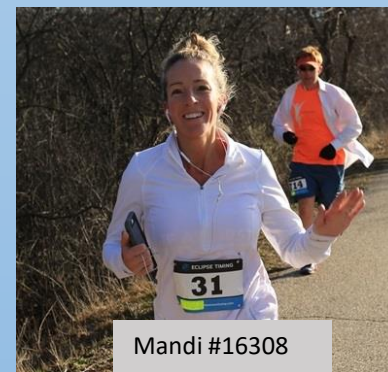
## WELCOME TO THE ASYLUM! NEW JUNE 2017 HALF FANATICS



- 16282 Mindi Adler, NY
- 16283 Christina Woodard, MD
- 16284 Amanda Huff, VA
- 16285 Andrew Stueve, KS
- 16286 Gregory Clanton, NC
- 16287 Shana Kelly, CA
- 16288 David Johnson (#16288), OK
- 16289 KAREN KELLEY, OK
- 16290 Justin Vivion, OK
- 16291 Brian Martin (#16291), PA
- 16292 Frank Lombardo, MA
- 16293 Derek Allen, IN
- 16294 Sheri Camp, AZ
- 16295 Carolyn Welker- Kobayashi, FL
- 16296 April LaHair , MA.
- 16297 Jennifer Reeves, SC
- 16298 Amy Parks, TX
- 16299 Ashley Chroniger, MD
- 16300 Jesse Rueckert, MN
- 16301 Chris Delp, IN
- 16302 Vernon Cunningham, WA
- 16303 Jason Babbitt, NC
- 16304 Alex Shelton, TX
- 16305 Kaitlyn Butts, CO
- 16306 Tatum O'Sullivan, MA
- 16307 Andrew Angel, OH
- 16308 Mandi Florip, IL
- 16309 Gina Nelson, CA
- 16310 Stephen Smith, MS
- 16311 dawn musgrove, WA

- 16312 Lindsay Denson, OK
- 16313 laurence Hall, OK
- 16314 Jessica Brophy, WI
- 16315 Andy Wangrycht, CA
- 16316 Megan Johnson, WA
- 16317 Karla McCollum, IN
- 16318 Konnie McCollum, IN
- 16319 Cheryl Napier, NC
- 16320 Kelly Harris, VA
- 16321 Rachael de Graaf, CO
- 16322 Jennifer Tieman, MO
- 16323 Dane Rauschenberg, TX
- 16324 Joshua Allen, KY
- 16325 Martha Isacco, MD
- 16326 Diane Huffman, OK
- 16327 America Styles, MD
- 16328 Laura Palaima, GA
- 16329 George Weihrauch, AR
- 16330 Lori Clark, OK
- 16331 Kristina Gray (#16331), OK
- 16332 Tad Carroll, TN
- 16333 Kidada Bivins, VA
- 16334 Ricardo Sandy, NY
- 16335 martha hesson, WV
- 16336 Tanya O, Nie
- 16337 Michael Kostial, NJ
- 16338 Christie Hough, IN
- 16339 Caity Karapostoles, WA
- 16340 Jamie Crawford-Ritchie, ON
- 16341 Kristen Delk, MN

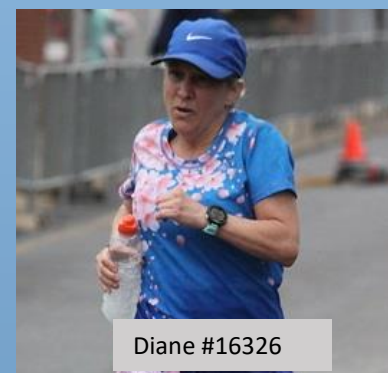
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- 16344 Jennifer Kovacs, BC
- 16345 Angela Steele, MO
- 16346 Sharon McAuliffe, New
- 16347 Gina Burt, WA
- 16348 Margaret Matchin, CA
- 16349 Melissa Brinson, NC
- 16350 Leticia Guzman, TX
- 16351 Ysidra Kyles, TX
- 16352 Jo Muth, PA
- 16353 Krystal Connell, MI
- 16354 Mechelle White, MI
- 16355 Melanie Arnold, DE
- 16356 Brooke Lattimore, OK
- 16357 Wendy Hammond, MI
- 16358 Jessica Robbins, CT
- 16359 Kelly Boucher, OK
- 16360 cody pearson, IA
- 16361 Nikki Dodd, WA
- 16362 Michael Hatfield, HI
- 16363 Patrece Morrow, TN
- 16364 Morgan Gerdel, HI
- 16365 Seret Rafferty, WA
- 16366 Kathryn Pitchford, OH
- 16367 Daniel Rueckert, MN
- 16368 Dona Bissey, IL
- 16369 Gene Echols, CT
- 16370 Jackie Zitel, VA
- 16371 Matt Ingamells, AR



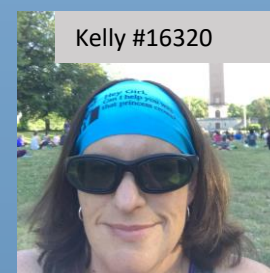
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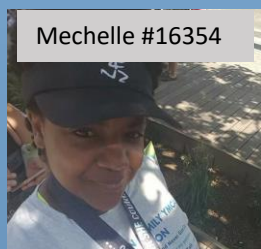
David #16288



Diane #16326



Kelly #16320



Mechelle #16354



Ysidra #16351

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[Return to Contents](#)

## OUR WHY...WHY WE RUN

We all have our reason we run – our why – and it’s what gets us out the door most days. The more I run, the more people I meet, the more I’m learning about what brought others on their journey. Each month, I want to share as many of your whys as possible. Send me [email](#) to share yours.

I actually have Mickey Mouse to thank for the beginning of my running journey.

Eight years ago – just after my birthday – I was looking to add something to my regular workouts and I wanted a new challenge. As a lifelong Disney theme parks fan, I had fantasized about participating in one of the RunDisney events. So I bought a pair of running shoes as a “birthday gift” to myself, with the hope of training to eventually run one of the 5K races at Walt Disney World. Within 3 months I was regularly attending local 5K’s and within a year, I had run my first half marathon (at the urging – and with the support - of great Disney (WISH Racing Team!) running friends!) – the Rutgers Unite Half Marathon - a very special inaugural event on my college and graduate school campuses at Rutgers University. After achieving the half marathon distance for the first time, I set a new goal: to run one of the RunDisney half marathons within the next 2 years – in time for my next “milestone” birthday. By the time that that birthday ultimately arrived, I had already completed 3 half marathons (and 3 5K’s) at Walt Disney World! In fact, it was the first of those Disney races that contributed to my qualification for Half Fanatics in October, 2010!

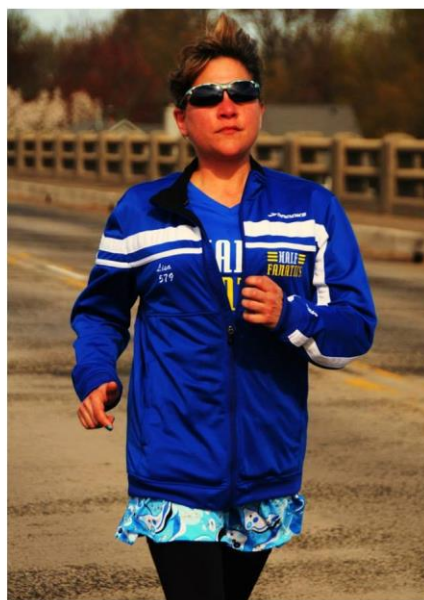
I celebrated the completion of my 100<sup>th</sup> half marathon at the very same event “where it all began” – the Rutgers Unite Half Marathon – on April 9, 2017. Many dear, long-time Half Fanatics friends (including my husband!) were there to revel with me at my alma mater(s), which made the occasion all the more meaningful. To date, I have completed 104 half marathons (plus 137 races of other distances) and have been a recipient of the USATF Gold Phidippides Award for the past 4 years.

I am currently serving as the Half Fanatics Northern New Jersey Regional Ambassador. In addition, I am an Officer of the 100 Half Marathons Club and a Race Ambassador for CGI Racing. I am a Honey Stinger Hive Athlete and I represent Fusion Sports and Glimmer Gear as a Brand Ambassador. I will be a Coach for Girls on the Run of Central New Jersey, starting this Fall.

Running has brought a great deal to my life: Inner peace, joy, a significant sense of accomplishment, opportunities to assist and benefit my community(ies), “excuses” to travel with my husband and enjoy exploring new (and familiar!) places on foot together, and many, many wonderful and special friends! I am grateful for all of the gifts that running – and the running community – have given me – particularly in this – another “milestone” birthday year(!) for me.

And I am grateful to Mickey Mouse, too! In the words of the great Walt Disney: “Keep Moving Forward”!

Lisa Rossello #579







[Return to Contents](#)

## OUR WHY...WHY WE RUN

I never considered myself a runner, and no way thought I would become a Double Agent. It was about 6 years ago while I was in Iraq on a deployment, I received an email from my wife (VaTema, HF# 11325) telling me that she had signed us up for the Disney Princess Half Marathon, 3 months after I return. I was freaked out, but the time came and we did it! Still didn't have the bug, but we kept our running to 2 half marathons a year. Fast forward a few years and we found out about the Rock n' Roll series. That's when I started to really like running. Friends asked why we were doing all that running and I said I was supporting my wife. Since I was her driver, I thought I would run to have something to do. I started seeing folks out there who were having fun, but still struggling. So I would go back and help them out. It started with me going back after runs, no matter how I felt, to help my wife. Then it turned into me helping others out. It feels great just to help a perfect stranger get that extra boost at the end and sometimes from the start.

I know I probably won't place 1<sup>st</sup> in any races, so I think I would rather have fun, enjoy that race, and help out where I can. This year has been an awesome year of running and I've made this my #MOTIVATE1 year. Basically, if I can motivate just one person a race, hopefully they can inspire someone else to get out and get active, no matter what they do. I'm not doing it for any kind of recognition, just enjoying life.

This first half of the year has been fun and it was capped off with the last run in Seattle. There was an older woman finishing up her first 5k in a long time after having heart surgery and other medical problems, and she just needed that extra push. I was standing on the side clapping for runners doing their last ¼ mile. She saw me and said thank you, I really needed that. I told her I would help her walk to the end, because she said she didn't think she could finish. Needless to say, we finished with us locked arm in arm and a big smile on my face. That made my weekend. So I run to help others achieve their goals. I now run with a group of men and women who feel the same as I do, BMR and BGR.

Have fun and never forget, we all are out there to cross that line. HF #11363, MM #13917, DA #2986; #MOTIVATE1, #KILTEDHARE

Vernon Ivy #11363

