

CONTENTS

Cover Page Half Fanatic Reunion 2 Signature Races / Photos 3 Did You Know? 4 **Race Photos** 5 Achievements 6 Regional Facebook Pages **Race Photos Upcoming Races** 9-10 **European Events 2018** 11-13 **Race Photos** 14-15 **Gear/Fanatic Poll** 16

Flying Fanatic/Editor

Race Photos

Our Why

New Members











17

18

19

20-21











Return to Contents





REUNION RACE LODGING

Discount rooms and packages

Half Fanatics are encouraged to take advantage of the resort packages for your lodging needs!
Grand County Resort 888-514-1088

www.grandcountry.com

\$119.00 1 Night Lodging Package

1 night stay (standard room) for up to 2 adults / 2 children Water park passes for the whole family

4 tickets to Grand Country Music Hall

4 mini-golf passes

1 pizza from Papa Grand's Pizza

\$179.00 2 Night Lodging Package

2 night stay (standard room) for up to 2 adults / 2 children

Water park passes for the whole family

4 tickets to Grand Country Music Hall

4 mini-golf passes

1 pizza from Papa Grand's Pizza

*Valid between Sept. 31st and October 2nd, 2017

**Must provide race registration confirmation number. Clubhouse room upgrade for additional \$30.00 based on availability

A FEW FUN THINGS TO DO:

Titanic Museum
World's Largest Toy Museum
Silver Dollar City Theme Park
Sight & Sound Theatres
Hollywood Wax Museum
Stone Hill Winery Tours
Adventure Ziplines
Marvel Cave
Table Rock Dam

Free Downtown Trolley

Enjoy the FREE discovery trolley in Historic Downtown Branson! The trolley is provided by the Historic Downtown Branson Community Improvement District to offer FREE rides for your convenience between Historic Downtown and the Branson Landing.

The trolley operates March-December daily, 9 a.m. – 6 p.m. Three trolleys run a route on a constant loop — meaning pick up and drop off is generally every 25 minutes.

^{*}The race is offering a \$20 discount for all members in good standing (Discount code is listed on the race calendar)



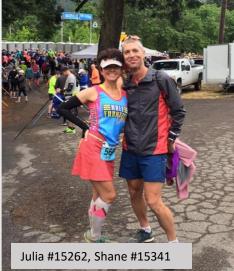
HALF-MARATHON CRAZY

Return to Contents



















The Maniacs / Fanatics have partnered with some AWESOME races around the country to bring you the 1st annual Signature Race Series.

For more information visit:

http://www.marathonmaniacs.com/signature-race-series/

*Please remember that you will need to join the race on the Half Fanatic Race Calendar to receive the Special Club Medal at the finish!





HALF-MARATHON CRAZY

Return to Contents

Half Fanatic Pace Team

Are you interested in being a pacer?

Then make sure to check out these pacing opportunities that we have lined up for our Half Fanatic members!

Pacers will receive a free entry to the race as well as pace signs such as the ones displayed above. The time slots displayed are the ones that are still available, if you would like to pace please contact the designated Ambassador listed on the Half Fanatic Pace Team page.

http://www.halffanatics.com/half-fanatic-pace-team/

EXPO SCHEDULE

The Gear Guy will be at the following Expos with club gear for Marathon Maniacs and Half Fanatics:

Fox Cities Marathon Expo
September 24th
Tucson Marathon Expo
December 9th
Tobacco Road Marathon

March 2018

DID YOU KNOW?

August had 98 race events listed on the Half Fanatics Race Calendar.

The top three events from this month are all from the Pacific Northwest, with the Iron Horse Half, Bridge of the Gods, and the Tacoma Narrows.

- The **Iron Horse** half is similar to other events that run on this old railroad track in central Washington state. It's a gentle downhill course through trees, with awesome views. It's become a very popular course!
- The **Bridge of the Gods** spans the Columbia river from WA to Cascade Locks, OR. The course is very scenic, but quite challenging with some steep hills and even a set of stairs! The finish has a wonderful catered lunch.
- The **Tacoma Narrows** half marathon has beautiful course from Gig Harbor over the Tacoma Narrows Bridge and through the City of Destiny. Plus it includes a run through Cheney Stadium where you can watch everyone on the big screen.



Our Race Calendar needs you!

Ever wonder how the races end up on our Half Fanatic Race Calendar? Us, all of us. Know of a small or large local event and want to share it with other Half Fanatics.

To request a race, please fill out the <u>race request form</u>. All fields need to be accurate in order to be approved (including race date and working URL).

Your request will be sent to and evaluated by the Race Calendar administrator. After approval, it will show on the race calendar. (NOTE: Approval can take several days, so be patient).

We do not accept links to Facebook race pages or race registration sites. All approved races need an official race website provided.

Check out our <u>Race Calendar</u> for upcoming events and discounts. http://www.marathonmaniacsdb.com/fanatics/events

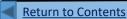


HALF-MARATHON CRAZY





HALF-MARATHON CRAZY



THE SUN COCCOCO

52 Half Marathons or more within 365 days.

30 Half Marathons in 30 US states* within 365 days.

20 Half Marathons in 20 different Countries within 365 days.

MERCURY © © © © © © © ©

45 - 51 Half Marathons within 365 days.

23 Half Marathons in 23 US states* within 365 days.

28 Half Marathons within 183 days.

VENUS COCCO

38 - 44 Half Marathons within 365 days.

20 Half Marathons in 20 US states* within 365 days

13 Half Marathons within 79 days.

EARTH COCCO

31 - 37 Half Marathons within 365 days.

16 Half Marathon in 16 different US states* within 365 days.

6 Half Marathons within 16 days.

4 Half Marathon in 4 Days.

MARS 6666

3 Half Marathons within 3 days.

26 - 30 Half Marathons within 365 days.

4 Half Marathons within a 9 day window.

3 Half Marathons in 3 separate US states* within a 10-days.

13 Half Marathons in 13 different US states* within 365 days.

JUPITER ®®®®

4 Half Marathons in 23 days.

19 - 25 Half Marathons within 365 days.

2 Half Marathons in 2 days (or 48 hours) must finish both races!

9 Half Marathons in 9 different US states* within 365 days.

SATURN 666

4 Half Marathons within 37 days.

12 - 18 Half Marathons within 365 days.

4 Half Marathons in 4 different US states* within 51 days.

URANUS 66

3 Half Marathons within a 16 day time frame.

6 Half Marathons in 6 consecutive calendar months.

8 - 11 Half Marathons within 365 days.

NEPTUNE @

2 Half Marathons within a 16 day time frame.

3 Half Marathons within a 90 day time frame.

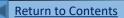
Congratulations to all the Half Fanatics who achieved their goals.

If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: halffanaticnewsletter@gmail.com.

Stephanie #9804 100[™] HALF

States without SUN achievement: **YOU** could be the first for AL, AK, CT, DE, IA, LA, ME, MS, MT, NH, ND, SD, UT, VT, WV, WI *We do have members from GBR!





HALF FANATICS REGION PAGES

Half Fanatics Facebook group pages have been setup in regions across the USA and beyond. If you live in one of the areas, connect with your local chapter!



Region:	

Region:

Albuquerque, NM

Anchorage / South Central Alaska

Atlanta, GA

Augusta, GA

Austin, TX

Baltimore, MD Baton Rouge, LA

Birmingham, AL

Buffalo, NY

Central Arkansas / Little Rock

Central Gulf Coast / Mobile

Chattanooga, TN

Chicago / Western IL

Cincinnati, OH

Colorado Springs, CO

Region:

Dallas Fort Worth, TX.

Denver, CO

Des Moines, South Central IA

Detroit, MI

European

Greensboro, NC

Honolulu, HI (Oahu)

Houston, TX

Kansas City, MO

Knoxville, TN

Lincoln / Omaha NE

Long Beach, CA

Lubbock / West Texas

Miami, FL

Region:

Memphis, TN

Nashville, TN

New Orleans, LA

Northern New Jersey

Northwest Arkansas

North Dakota

Oklahoma City, OK

Orlando, FL

Panama City / Gulf Coast, FL

Portland, OR.

Philadelphia, PA

Phoenix, AZ

Raleigh / Cary, NC

Richmond, VA

Rochester, NY

Region:

Sacramento, CA

Salt Lake City, UT

San Antonio, TX

San Diego, CA

Seattle, WA

Shreveport, LA

Springfield, MO

St Louis / SW Illinois

Tacoma / South Puget Sound

Tampa / St. Petersburg, FL

Tulsa, OK

Twin Cities, MN

Virginia Beach, VA

Washington DC

Wichita, KS



HALF-MARATHON CRAZY





HALF-MARATHON CRAZY

Return to Contents

UPCOMING RACES

10/1 Smuttynose Rockfest 1/2	13.1		NH	10/8 Portland St Patrick Fall Festival Half Marathon 13	.1		MI
10/1 Wineglass Half Marathon	13.1		NY	10/8 Oregon Women's Half Marathon 13	.1	\$	OR
10/1 MO Cowbell	13.1	\$	MO	10/8 Run To Jodi's House 2017 13	.1		FL
10/1 Mother Road Half Marathon	13.1		MO	10/8 Sun City Half Marathon 13	.1		WA
10/1 Rock n Roll Queretaro	13.1		QUE	10/8 Pain to Paine Half Marathon 13	.1		NY
10/1 Grand County Half Marathon (REUNION RACE)	13.1	\$	MO	10/8 Empire State Half Marathon 13	.1		NY
10/1 Maine Marathon	13.1	\$	ME	10/9 Mainly Marathons Appalachian Day 3	.1	\$	TN
10/1 Prince William Half Marathon	13.1		VA	10/10 Mainly Marathons Appalachian Day 4	.1	\$	NC
10/1 Traveler Beer New England Half Marathon	13.1		NH	10/11 Mainly Marathons Appalachian Day 5	.1	\$	SC
10/1 Key Biscayne Half Marathon	13.1		⇔ FL	10/12 Mainly Marathons Appalachian Day 6	.1	\$	GA
10/1 The Healing Half	13.1	Sec.	NY	10/13 Mainly Marathons Appalachian Day 7	.1	\$	AL
10/1 Kings Island Half Marathon	13.1		ОН	10/13 Nevada Half Marathon	.1		NV
10/1 Bruckelaufe Half Marathon	13.1		ML	10/14 Carnelian Bay Half Marathon 13	1/		CA
10/1 Great Scottish Run	13.1		SCT	10/14 Buffalo Stampede 13	.1		TX
10/1 Spirit of Survival Half Marathon	13.1		ОК	10/14 Bemidji Blue Ox Half Marathon	.1		MN
10/1 Winthrop Half Marathon	13.1		WA	10/14 Jacksonville Marine Corp Half Marathon	.1		FL
10/1 Historic Hillsborough Half Marathon	, 13.1		NC	10/14 Gear Western Half	.1		MN
10/1 Queen City Women's Half Marathon	13.1		NY	10/14 SONO Half 13	.1		СТ
10/1 Diva Half Marathon	13.1		NY	10/14 Griffith Park Trail Half			CA
10/7 Bizz Johnson Express Half Marathon	13.1		CA	10/14 Purdue Boilermaker Half Marathon 13			IN
10/7 Lake Placid Classic Half Marathon	13.1		NY	and the second s	.1	\$	FL
10/7 Ft. Steilacoom Half Marathon	13.1		WA	10/14 Grand Canyon Half Marathon 13			ΑZ
10/7 ZOOMA Cape Cod Half Marathon	13.1		MA	10/14 Eversource Hartford Marathon			СТ
10/7 Bangor Half Marathon	13.1		IRL	10/14 30a half marathon 13			FL
10/7 Hero Run	13.1	2	Z SHL	10/14 Newport Bay to Brews			OR
10/7 Run Ocean Isle Beach Half Marathon	13.1		NC	10/14 DPR Trail Races Half Marathon			IL
10/7 Corkscrew Half, 10k, 5k	13.1		TX	10/14 Three Eagle Half Marathon 13			WI
10/7 Under the Oaks	13.1		GA	10/14 Rock 'n' Roll Brooklyn Half Marathon			NY
10/7 Don't Quit 13.1	13.1		TX	10/14 Monster Mash Half Marathon			DE
10/7 Race 13.1, Raleigh, NC Fall	13.1		NC	10/14 Lake Padden Trail Half Marathon			WA
10/7 Moonlight Miles Half Marathon	13.1	8	co	10/14 Cannonball Half Marathon			NC
10/7 Queen Bee Half	13.1	•	ОН	10/14 Zombie Half Marathon			AK
10/7 Vintage Run Half Marathon	13.1		NY	10/14 Dog Lake Half Marathon			WA
10/7 Trimara Bay Ridge Half	13.1		NY	10/14 The Tampa Bay Whiskey Run 13			FL
10/7 Mainly Marathons Appalachian Day 1	13.1	ć	WV	10/14 Murfreesboro Half Marathon			TN
10/7 Indianapolis Half Marathon	13.1	<u>ئ</u>	IN		Ok		BC
	13.1				.1	ė	
10/8 Newport Half Marathon	13.1		RI	3		Ş	WI UT
10/8 Portland Half Marathon			OR CA				
10/8 Jet Blue Long Beach Half Marathon	13.1		CA	10/14 Defiance 30k 10/14 Every ille Helf Marathan			WA
10/8 Rock N Roll San Jose	13.1		CA	10/14 Evansville Half Marathon 13		_	IN
10/8 Run Crazy Horse	13.1		SD		.1	Þ	AR
10/8 Mainly Marathons Appalachian Day 2	13.1	>	VA	10/15 Nebraska Half Marathon 13			NE
10/8 Boulder Rez Marathon, 3/4 Marathon, HM	13.1		CO	10/15 Hershey Half Marathon 13			PA
10/8 Run Carolina Beach	13.1		NC	10/15 Detroit US Only Half Marathon 13			MI
10/8 Crawling Crab half	13.1		VA	10/15 Grand Rapids Half Marathon 13			MI
10/8 Prairie Fire Fall Half Marathon	13.1		KS		.1	\$	UT
10/8 City of Trees Half Marathon	13.1		ID	10/15 Honored Hero Run 13			TX
10/8 The Dayton River Corridor Classic	13.1		OH	10/15 <u>Rock 'n' Roll St. Louis</u> 13			MO
10/8 Cary Fire House Tour Half Marathon	13.1		NC	10/15 Iron Horse Half Marathon (Kentucky) 13			KY
10/8 Race 13.1 Little Rock	13.1		AR		.1		MI
10/8 B.A.A. Half Marathon	13.1		MA	10/15 Des Moines Half Marathon 13	.1	Ş	IA



HALF-MARATHON CRAZY

Return to Contents

UPCOMING RACES

10/15 Maui Half Marathon	13.1 \$	HI	10/22 Go Girl Run Half Marathon	13.1		TN
10/15 Rock N Roll Denver	13.1	CO	10/22 Healthy Driven Naperville Half Marathon	13.1	\$	IL
10/15 Girlfriends Run for a Cure Half Marathon	13.1	WA	10/22 Celebration of Life Foothills Half Marathon	13.1		TN
10/15 30a half marathon	13.1	FL	10/22 Myrtle Beach Mini Marathon	13.1		SC
10/15 Hambletonian Half Marathon	13.1	NY	10/22 Run Like Hell! Half Marathon	13.1		OR
10/15 Mount Desert Island	13.1	ME	10/22 Ironman 70.3 Arizona	13.1		ΑZ
10/15 Mainly Marathons Appalachian Day 9	13.1 \$	FL	10/22 Mankato Half Marathon	13.1		MN
10/15 Nationwide Children's Hospital Columbus Half Marathon	13.1	ОН	10/22 Nutrabolt Oktoberfest Half Marathon	13.1		TX
10/15 Niagara Falls International Half Marahton	13.1 \$	ON	10/22 AC Marathon Race Series	13.1		NJ
10/15 Wicked Triple Fun 1/2 Marathon	13.1 0.0	○ SFL	10/22 Worcester Half Marathon	13.1		MA
10/15 Chattanooga 4 Bridges Half Marathon	13.1	TIN	10/22 Ventura Half Marathon	13.1	\$	CA
10/15 Autumn Blast Half	13.1	ОН	10/22 Vista Beer Run 1/2 Marathon	13.1		CA
10/15 Space Rock Half Marathon	13.1 \$	CA ~	10/28 Trenton Half Marathon	13.1		NJ
10/15 Tyler Rose	13.1	TX	10/28 Rock n Roll Chengdu Half Marathon	13.1		CHN
10/15 Poulsbo Half	13.1	WA	10/28 Brookshire's Hero Run	13.1		LA
10/15 North Shore Half Marathon	13.1	LA	10/28 Healdsburg Wine Country Half Marathon	13.1		CA
10/15 Snohomish River Run	13.1	WA	10/28 Skyline Ranches Cross Country Run Half Marathon	13.1		NE
10/15 Virgin Sport SF Half Marathon	13.1	CA	10/28 Minneapolis Halloween Half	13.1		MN
10/15 Milwaukee Half Marathon	13.1	WI	10/28 UCP Life Without Limits Half Marathon	13.1		AL
10/15 Emerald Bay Half Marathon	13.1	CA	10/28 Monster Dash	13.1		MN
10/13 Effect and Bay Half Marathon	B 13.1	NJ	10/28 The Colony Half	13.1		TX
					,	
10/21 Dalton Red Carpet Half Marathon	13.1 \$	GA	10/28 Mainly Marathons Day of the Dead (Day 1)	13.1	Þ	NM
10/21 Petrified Forest Half Marathon	13.1	AZ	10/28 Miami Beach Halloween Half Marathon	13.1		FL
10/21 Go Commando Half Maráthon	13.1	.TN	10/28 Silver Comet Half Marathon	13.1	_	GA
10/21 Soaring Wings of Conway Half Marathon	13.1	AR	10/28 Jazz Half Marathon	13.1)	LA
10/21 Sri Chinmoy Half Marathon	13.1	NY	10/28 Great Turtle Trail Run	13.1		MI
10/21 Lake Powell Half Marathon	13.1	AZ	10/28 Haunted Half Provo	13.1		UT
10/21 Kansas City Marathon	13.1 \$	МО	10/28 <u>Durbin Trail 30K</u>	30k		FL
10/21 Baltimore Half Marathon	13.1 \$	MD	10/28 Night Moves Halloween Trail Run	13.1		TX
10/21 <u>Urban Bourbon Half Marathon</u>	13.1	KY	10/28 Georgetown Bridge to Bridge 1/2 Marathon	13.1		SC
10/21 Monster Mash Half Marathon	13.1	DE	10/29 White Mountain Milers' Half Marathon	13.1		NH
10/21 Twin Cities Hot Cider Hustle	13.1	MN	10/29 Hot Cider Hustle	13.1		WI
10/21 The Halloween Half Marathon	13.1	TX	10/29 Run to Margaritaville Half Marathon	13.1	\$	FL
10/21 Triple Lakes Trail Race	13.1	NC	10/29 Suffolk Half Marathon	13.1		NY
10/21 Big River Crossing Half Marathon	13.1	TN	10/29 <u>Ironman 70.3 Austin</u>	13.1		TX
10/21 SoJo Half Marathon	13.1	UT	10/29 Houston Half Marathon	13.1		TX
10/21 Phoenix Haunted Half Marathon	13.1	AZ	10/29 Ocean State Rhode Races Half Marathon	13.1	\$	RI
10/21 The Salty Half	13.1	WA -	10/29 Mainly Marathons Day of the Dead (Day 2)	13.1	\$	NM
10/21 Battle of Hillotes Half Marathon	13.1 \$	TX	10/29 End of the Road Half Marathon	13.1	\$	PA
10/21 Oktoberfest Trail Run Festival 1/2 Marathon	13.1	TX	10/29 Rock N Roll Los Angeles	13.1		CA
10/22 Duke City Half Marathon	13.1	NM	10/29 Westy Half Marathon	13.1	\$	CO
10/22 Gettysburg Blue-Grey Half	13.1	PA	10/29 Scary Run Half Marathon	13.1		WA
10/22 Lexus LaceUp Ventura	13.1	CA	10/29 Cocoa Beach Half Marathon	13.1		FL
10/22 Cloverdale Half Marathon	13.1	CA	10/29 Good Life Halfsy	13.1		NE
10/22 Folsom Blues Breakout	13.1	CA	10/29 The Wicked Half Marathon	13.1		AZ
10/22 The Great GO! St. Louis Halloween Race	13.1	МО	10/29 Lighthouse Loop Half Marathon	13.1		FL
10/22 Columbia Gorge Half Marathon	13.1	OR	10/29 Florida Halloween Halfathon	13.1		FL
10/22 Vancouver Rock & Roll	13.1	ВС	10/29 Air Capital Half Marathon	13.1		KS
10/22 Haunted Hustle	13.1 \$	WI	10/29 The Reservoir Run 1/2 Marathon	13.1		СТ
10/22 2017 Scotiabank Toronto Waterfront Half Marathon	13.1	ON	10/29 NC Halloween Half Marathon	13.1		NC
10/22 The Runner's World Half Marathon and Festival	13.1	PA				
		\$	indicates a discount, check halffanatics.com for race	discou	unt	code



Return to Contents

EUROPEAN CHAPTER OF HALF FANATICS AND MARATHON MANIACS.





We, Jamila (MM) and Johannes (HF), are your European Ambassadors, and we are happy to assist you with your questions regarding European races. We will spread some runner's love, organize meet-ups, and share race discounts.

Marathon Maniacs Europe and Half Fanatics European

On the next pages, we want to introduce some discounted races in Europe and Middle East that will take place in early 2018.





Return to Contents

EARLY 2018 EUROPEAN EVENTS



AlMouj Muscat Marathon (Oman) 01-19-2018:

The Al Mouj Muscat Marathon is one of the star events on the Sultanate of Oman's sporting calendar. In its 7th year, the event gathers local and international runners of all ages, nationalities, and fitness levels. Join us for a celebration of health and fitness during a 2-day festival of running hosted in Oman's vibrant capital, Muscat.

6 categories: marathon, marathon relay, half marathon, 10k, charity fun run 5k and various races for kids.

FULL and HALF: 5% off

Inverness ½ Marathon (Scotland/UK) 03-11-2018

The Inverness ½ Marathon is the perfect Spring race to keep you motivated and training. This popular race follows a scenic route with great PB potential through the Highland capital of Inverness.

The route starts alongside the banks of the River Ness and takes in many of the city's icons. A warm Highland welcome awaits all runners as they approach the finish line on entering Queen's Park Stadium at Inverness Sports Centre. Over 2600 runners finished in 2017.

HALF: 10% off





Roma-Ostia (Italy) 03-11-2018

The half marathon with the most participants in Italy.

The varied course route is a fast one with some light up-and-down hill stretches. Starting at the Palazzo dello Sport, the route runs through Rome Eur, the entire length of Cristoforo Colombo (17,200 km), then up and down the seafront, 280 mt each way, to the finish line at the round-about.

Records: Men: Yego Solomon Kirwa (KEN) – 58'44'' (2016), Women: Kiplagat Florence Jebet (KEN) – 1h06'38'' (2012)

HALF: discount depends on number of registrants

Limmassol Marathon (Cyprus) 03-18-2018

The course of the Limassol Marathon GSO is not difficult. It is essentially a flat race with its unique characteristic being long straight lines. The greatest part of the marathon takes place along the coastal road of greater Limassol. The start of the race is on the seafront of the Limassol city, Molos area (the promenade). Athletes head west to the new port, passing by the streets "Christodoulou Hadjipavlou" and "Spyrou Araouzou" towards the roundabout at the old harbor. The path continues towards the streets Kioproulouzate, Xelal Bazaar and the Avenue Franklin Roosevelt. FULL and HALF: 20% off, also special travel packages available





Return to Contents

EARLY 2018 EUROPEAN EVENTS

Olympia (Greece) 03-31/01-04-2018

Olympia is where the Olympic Games started and where the Olympic flame is ignited for the Olympic Games. It is in the Western Pelopones, about 3.5h out of Athens by car (car rental is very inexpensive in Greece). The marathon has a generous time limit of 6h. It is during Easter weekend which is a "long weekend" for most people in Europe, and extended by public holidays. Thatmeans one could get a longer trip with a minimum number of holidays to explore the area of Ancient Greece (Sparta is not far from Olympia). Weather should be mild (this year 66°F / 19°C). Special (free of charge) offer for our runners: a guided tour of the UNESCO

Special (free of charge) offer for our runners: a guided tour of the UNESCO world heritage of Olympia. Free entrance to the opening ceremony (including premium seats), which is carried out in the archaeological museum of ancient Elis.

A special opportunity to meet & greet the grandson of the first ever man to finish a marathon race and also the second winner of the first modern Olympics, Charilaos Vasilakos and learn his unique story. 12k: 03-31-18; FULL and HALF 04-01-2018: 20% off







Roads to Rhodes (Greece) 04-29-2018

Rhodes is one of the most popular holiday destinations in South Europe. It is also the island of the Colossus, one of the Seven Wonders of the World and the motherland of the Ancient Olympics Champion Leonidas Rhodious.

The half marathon is like no other, as it gives you the opportunity to run along the coastline on a flat course with spectacular views of the deep blue Aegean sea on one hand and fortification walls of the Medieval Town of Rhodes, a UNESCO World Heritage Site, on the other.

Rhodes is easy to reach, as it is connected with direct flights with major European cities, while a variety of accommodations are available on special rates for the runners.

Last but not least, the legendary pasta party - free for all the runners - along with the great atmosphere during the race and the warm hospitality, make the half marathon an event to remember.

FULL and HALF: - 10Euros (30-35%)

Salzburg Marathon (Austria) 05-08-2018

Enjoy a special marathon-feeling while passing many of the best known sights of Mozart's hometown! The beautiful course is absolutely flat (maximum vertical drop of 10 meters) and certified by IAAF/AIMS. To compete in the marathon distance of 42.195 kilometers, you have to complete the half marathon lap twice. The Start/Finish line is located at Mirabell Square, directly in front of Mirabell Palace. Enjoy the most beautiful sight on the historic center of Salzburg, a UNESCO world cultural heritage, from here!

Full and Half: fixed price (39/50 Euros)

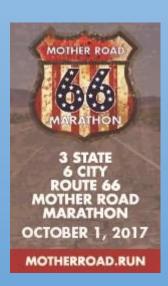




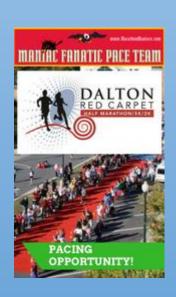
HALF-MARATHON CRAZY

Return to Contents













HALF-MARATHON CRAZY





FANATICS AUGUST 2017 NEWSLETTER

Return to Contents

FANATIC GEAR

Plan early for cooler temperatures and rain.













FANATIC POLL



Each month there will be a "Fanatic poll" posted online. Please take a few moments to answer this poll. Results will be in the next newsletter.

This month's question:

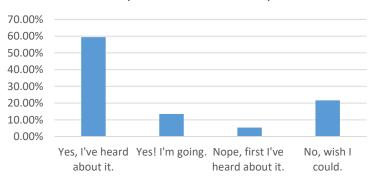
What season is your favorite for running?

Please submit your response at:

http://survey.constantcontact.com/survey/a07eek6rl22j77 szki4/start

Last month's question:

Did you know there's a 1st ever Fanatics (Only) Reunion Race, October 1st in Branson, Missouri?





Return to Contents



EVERY MONDAY • RUN MILES BASED ON THE DATE
DIVIDED IN HALF (EX: FRI. SEPT 8TH = 4 MILES)
USE #FANATICFRIDAYCHALLENGE TO BE FEATURED
AS OUR FANATIC OF THE WEEK!

STRAVA

Join us on STRAVA as the Official Half Fanatics & track your miles!

Starting this Friday we will begin the Fanatic Friday Challenge! Run miles based on the date divided in half and take a photo using <u>#fanaticfridaychallenge</u> to be featured on our Instagram and Facebook!

Track your miles on STRAVA and join our club page here: https://www.strava.com/clubs/half-fanatics



Get your child moving! An 8 week running program with fun and challenging running activities.

Mission

- To introduce our youth to the physical and emotional positive effects of running.
- To increase the physical activity of our youth.
- To create a positive environment where all participants are equal.
- *Hard work and determination will be rewarded at the end of the journey!

Find out more at: http://www.halffanatics.com/flying-fanatics.

Welcome to the Perch
June New Member

Ethan L., Flying Fanatic #80

FROM THE EDITOR

My son is returning to school. Daily routines are changing for me and I find it difficult to stick with my running goals during this time. **ALL** my early morning runs have me wearing a headlamp and reflective gear again. I'm ready for the cooler temperatures and a little rain. Bring it!

Want to share your "why you run", your achievements, goals, and any stories? Did you have a really great run -- or a horrid one? Are you celebrating any milestones: 50 half marathons? 100? 1000? Did you level up?

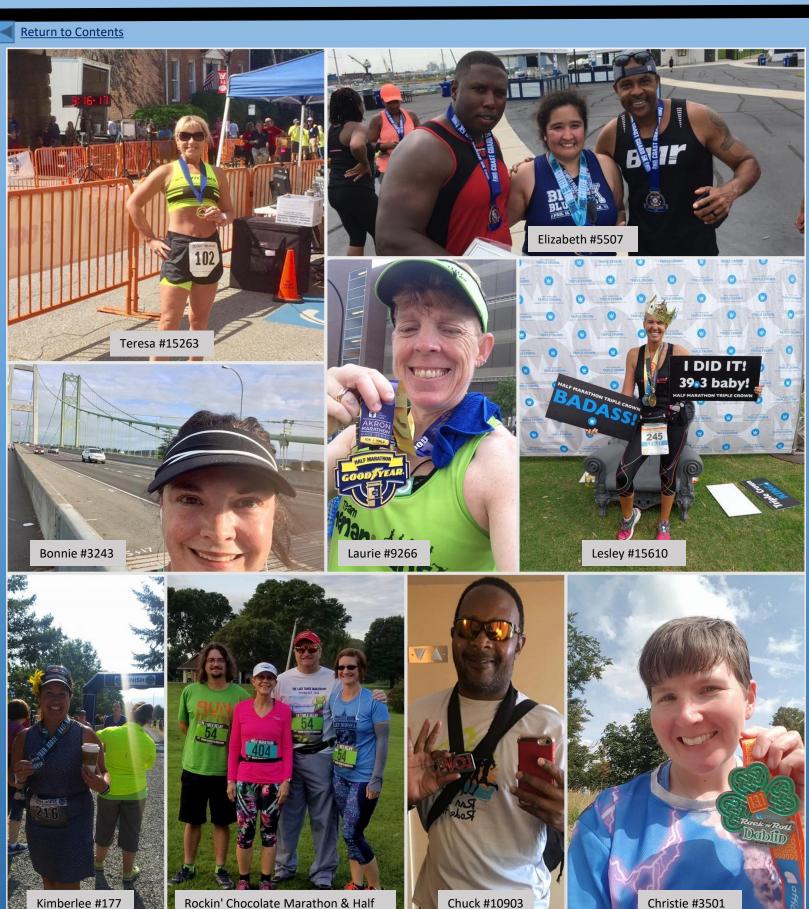
Shoot me an email to include you in the next newsletter! halffanaticnewsletter@gmail.com

-Kellie Follett #4560





HALF-MARATHON CRAZY





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WELCOME TO THE ASYLUM! NEW AUGUST 2017 HALF FANATICS



16432 Randall Riley, OH

16433 Mary Byard, IN

16434 Danielle Benson, TX

16435 Lisa Tuckwood

16436 Leah Davis, CA

16437 Sarah Staudt Fowler, OK

16438 Jodi MacDonald, MB

16439 Beth Peoples, DE

16440 Megan Slayton, OK

16441 Denise Williams, OH

16442 Sara McFarland, WI

16443 Kesha Woolsey, AR

16444 Sherri C, IA

16445 Melanie Wuertzer, MD

16446 Jani Tucker, MO

16447 Rebecca Guy, AR

16448 Jennifer Woods, KS

16449 Deirdre Waters, AR

16450 Matthew Kimbrough, Tex

16451 Josh Waters, AR

16452 Brenda Berger, WA

16453 Jeffrey Thomas, MD

16454 Jonelle Drugan, MD

16455 Bobby Kaljumaa, KS

16456 Jorgina Sanders, TX

16457 Eva Hale, ID

16458 Marcia Hokenson, MN

16459 Falon Morgan, OK

16460 Amanda Smith, AR

16461 Sonya Price, OH

16462 Emily O'Neal, null

16463 Erika Belton, OH

16464 Debbie Mommaerts, OH

16465 Katie Zech, WA

16466 Cathy Brady, WA

16467 Janelle Derella, WA

16468 Willetta Taylor, OH

16469 Sarah Nash, AK

16470 Allison Weisbrod, NC

16471 Travis Rohla, OK

16472 Jeff Gravitt, GA

16473 Edwina Robinson, GA

16474 Jennifer Cyphers, OK

16475 Noelani Kalakaua, CA

16476 Michele Quigley, Tex

16477 Tony Carlson, Mis

16478 Paul Kinder, AR

16479 Brittany Culotta, TX

16480 Milissa Parsley, AR

16481 Jennifer Froud, AR

16482 Aaron Shaw (#16482), WI

16483 Lisa LeClaire, WA

16484 James Watson, MD

16485 Alex Weddle, Okl





Return to Contents

OUR WHY....WHY WE RUN

We all have our reason we run – our why – and it's what gets us out the door most days. The more I run, the more people I meet, the more I'm learning about what brought others on their journey. Each month, I want to share as many of your whys as possible. Send me email to share yours.



I started running mainly to help maintain enthusiasm for my weight loss journey. I have dealt with some health issues as an adult, and I needed to start getting serious about healthy living. You can blame so much on genetics, but then there the choices we make every day when it comes to our nutrition.

In 2014, I decided to take the first step by joining a group-run downtown with Black Girls Run in Jacksonville, Florida. A friend of mine encouraged me to register and run a 5K. I loved it and decided I wanted to sign up for another one. I began to incorporate running with working out in the gym a few times a week. I found runners to be very encouraging and the running community to be filled with phenomenal people.

With less than a year of running under my belt, I ran my first half marathon in Chicago, Illinois with an amazing group of ladies from Women Run The World. There were several people in my life following my journey, praying for me, and encouraging me to "Just Keep Running!"

I started to have people share with me that they felt so encouraged by seeing my fitness posts and hearing about my running and traveling adventures. I decided in 2015 to join the 50 States Half Marathon Club, really test my limits, and set some running goals. I began working on two challenges: the 100 Half Marathons Challenge and the 50 States Endurance Challenge.

I completed the 100 Half Marathons Challenge on August 13th 2017 at the Bridge Of Gods in Cascade Locks, Oregon. I have run in 45 States + DC. I have 5 States left to complete the 50 States Endurance Challenge.

Runners completing the 50 States Endurance Challenge can choose to complete a half or full marathon. There are some states in which I have never run a half marathon. I expect to finish the endurance challenge in 2018. Running to me is a ministry, that is why I run. I always have a fantastic time encouraging runners out on the course, and you will often see me running races in Team 413 gear. I love sharing how blessed I am to have breath in my body, the ability to run, and the finances to travel and see this big, beautiful country of ours!





















FANATICS AUGUST 2017 NEWSLETTE

Return to Contents

OUR WHY....WHY WE RUN

Sometime in the wee hours of July 30, 2005, a visitor joined me in my room at a regional hospital in Tulsa, OK as I struggled to nurse my newborn son just hours after his birth. A nun in a Catholic hospital did not seem out of place, but her words were surprisingly pointed and would change my life forever.

"He is beautiful, and so are you. Remember, nobody has the right to hurt his mom. That includes you. Find your path and heal your body and your soul."

I became a mother having been an obese, sedentary chain smoker. I knew that with this new life, I wanted a change. I wanted to play with my children on the playground, and I wanted to be here for them for a very long time.

As soon as I was released, I joined a local training program to begin losing weight. It took almost a year, but I ran my first 5k in April 2006. I ran my first half marathon – the Inaugural Route 66 Marathon – in November of 2006. I ran my first full marathon the following year, and I have never stopped. Eventually, I became a certified running coach so that I could help others as I had been helped.

Running has brought me closer to myself, closer to my family, closer to my faith, and closer to my sanity. As a teacher, I use running to challenge and socialize with my students. As a mom, I use running to not only spend time with my children, but also to give me time to myself to recharge so that I can be the best mother possible. I want to set the best example for my students and my own children. I want them to love themselves enough to care for themselves.

Over the years, my happiest moments have been celebrated on a run. My saddest moments have been mourned on a run. I mourned a lost relationship and celebrated new love on a run. My greatest frustrations have been solved on a run. I even practiced my vows on a run. Running has been the center of my greatest triumphs and my greatest failures. Yet, still I go. Running hurts and running heals.

Years later, I attempted to contact the woman whose words sit in my thoughts. While it was standard practice for nuns to visit patients, there is no record of a visit to my room. Most likely, a clerical error. Since I cannot find the one woman whose words changed me, I think of my Marathon Maniac and Half Fanatic families as that voice, reminding me every single run.

On July 22 this year, I "ran" the best race yet as I ran down the aisle and married my favorite Half Fanatic and Marathon Maniac. With our running shoes on, our family changed forever. Running brought me my wife!

"Find your path and heal your body and your soul."

Shawna #13292









