



DECEMBER 2017 NEWSLETTER

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Christabelle #3501



Rock'In Santa Half



Ole Man River Half



Randy #4373



Kanisha #16236



Mike #10291



Michael #9149



Meghan #14020



Dan #16490, Angela #16711

Follow us!

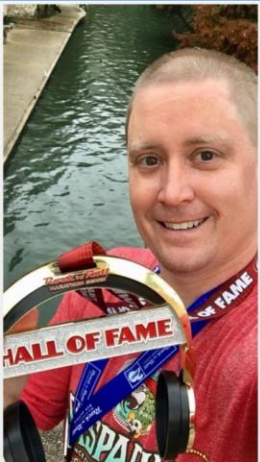
Half Fanatics | @halffanatics | @MainFanatics



USE #HALFFANATICS TO BE FEATURED!



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Benjamin #8848



April #5486



Chuck #10903



Angie #13211



April #5482



Carla #13789



Amy #7631



Bonnie & Edward at Jazz Half



7 Bridges



Barbara #5852



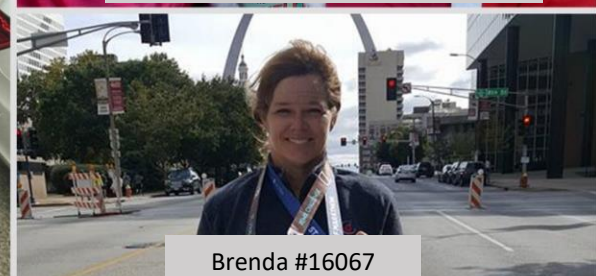
Chris #3934, Kellie #4560, Cj #4575



Darlene #15332



Enid #11285



Brenda #16067



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2017's Signature Race Series Medals. How cool is this?

2018 Signature Race Series

RACE-1 Tobacco Road Marathon 3-18-2018

<http://www.tobaccoroadmarathon.com/>

RACE-2 Fargo Marathon 5-19-2018

<http://www.fargomarathon.com/>

RACE-3 Missoula Marathon 7/15/2018

<http://www.missoulamarathon.org/>

Race - 4 Akron Marathon 9/29/2018

<http://www.akronmarathon.org/>

Race - 5 Route 66 Marathon 11/18/2018

<http://route66marathon.com/>



Get your child moving! An 8 week running program with fun and challenging running activities.

Mission

- To introduce our youth to the physical and emotional positive effects of running.
- To increase the physical activity of our youth.
- To create a positive environment where all participants are equal.
- *Hard work and determination will be rewarded at the end of the journey!

Find out more at: <http://www.halffanatics.com/flying-fanatics>.



FROM THE EDITOR

I am so happy to have the cooler temperatures to run in! Other parts of the country have taken "cooler" a bit too far, though. Brrr!

Several days ago, I almost got ran over by a car while in the middle of a crosswalk while I was wearing my bright yellow HF jacket! Stay safe out there and wear extra items for visibility, be it lights or flashers.

Also, take a moment to check out the race event calendar and get this year started off right.

Want to share your "why you run", your achievements, goals, and any stories? Did you have a really great run -- or a horrid one? Are you celebrating any milestones: 50 half marathons? 100? 1000? Did you level up?

Shoot me an email to include you in the next newsletter!

halffanaticnewsletter@gmail.com

-Kellie Follett #4560





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Half Fanatic Pace Team

Are you interested in being a pacer?

Upcoming opportunities:

Mayors Marathon & Half - Lubbock, TX
(4/22/18)

Pacers will receive a free entry to the race as well as pace signs. The time slots displayed are the ones that are still available, if you would like to pace please contact the designated Ambassador listed on the [Half Fanatic Pace Team](#) page.

<http://www.halffanatics.com/half-fanatic-pace-team>

EXPO SCHEDULE

The Gear Guy will be at the following Expos with club gear for Marathon Maniacs and Half Fanatics:

St. Paddy's Day Run Tacoma

March 17th

Tobacco Road Half Marathon

March 18th

Ghost of Tacoma

April 28th

Tacoma City Half Marathon

April 29th

DID YOU KNOW?



December had 97 race events listed on the Half Fanatics Race Calendar.

This past December, there was not a clear favorite event for Half Fanatics with a lot of events well represented. Here are the top three:

- The **Rock 'n' Roll San Antonio** Half Marathon squeaked out the most attendees (49). People love San Antonio in December with its warmer weather. There is the usual Rock n' Roll environment with music and crowd support. However, this year's event featured Larry Macon's 2000th marathon!
- The **Mississippi Gulf Coast** Half Marathon was a close 2nd with 45 attendees. Smart Fanatics took advantage of the 15% HF discount and enjoyed a mostly flat course along the Mississippi coastline. Reviews were mixed from a really great event to so-so. However, most agreed that it was well organized and supported.
- The **St. Jude** Half Marathon finished third with 35 attendees, and almost everyone gave this event a very good review. Many people commented on how good it felt to run through the St. Jude campus with the kids cheering you on.



MEMBERSHIP DISCOUNTS

Race Discounts: Visit our **Race Calendar** and any race with a \$ has a member discount.

Visit our **Members Forum** for the **Running Warehouse** discount code. This discount alone has paid for my membership several times over.

Our **Members Forum** will also have a few other run event discount codes posted by fellow fanatics. Feel free to post additional race discounts for other members as well.



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Hilary #13914



Girlfriends Half



Heroes Half



Foster Park Half



Fayetteville Fire
Fighters Hero Half



George #15233, and Kate



Gilberto #12046



Jan #12763, Maggie #15436



Gregory #8068



Gretchen #2402



Greg #14245, Melissa #9945



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THE SUN 🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞🌞

52 Half Marathons or more within 365 days.
30 Half Marathons in 30 US states* within 365 days.
20 Half Marathons in 20 different Countries within 365 days.

MERCURY 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

45 - 51 Half Marathons within 365 days.
23 Half Marathons in 23 US states* within 365 days.
28 Half Marathons within 183 days.

VENUS 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

38 - 44 Half Marathons within 365 days.
20 Half Marathons in 20 US states* within 365 days
13 Half Marathons within 79 days.

EARTH 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

31 - 37 Half Marathons within 365 days.
16 Half Marathon in 16 different US states* within 365 days.
6 Half Marathons within 16 days.
4 Half Marathon in 4 Days.

MARS 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

3 Half Marathons within 3 days.
26 - 30 Half Marathons within 365 days.
4 Half Marathons within a 9 day window.
3 Half Marathons in 3 separate US states* within a 10-days.
13 Half Marathons in 13 different US states* within 365 days.

JUPITER 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

4 Half Marathons in 23 days.
19 - 25 Half Marathons within 365 days.
2 Half Marathons in 2 days (or 48 hours) must finish both races!
9 Half Marathons in 9 different US states* within 365 days.

SATURN 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

4 Half Marathons within 37 days.
12 - 18 Half Marathons within 365 days.
4 Half Marathons in 4 different US states* within 51 days.

URANUS 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

3 Half Marathons within a 16 day time frame.
6 Half Marathons in 6 consecutive calendar months.
8 - 11 Half Marathons within 365 days.

NEPTUNE 🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙🌙

2 Half Marathons within a 16 day time frame.
3 Half Marathons within a 90 day time frame.

Congratulations to all the Half Fanatics who achieved their goals.

If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: half fanaticnewsletter@gmail.com.



Tawni #627
Landed on the SUN!



Tina #16109
Landed on Uranus

States without SUN achievement: **YOU** could be the first for AL, AK, CT, DE, IA, LA, ME, MS, MT, NH, SD, UT, VT, WV, WI

*We do have members from GBR!



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MILESTONES

Congratulations to the following Half Fanatics who reached a milestone this month! Let me know if you reach one too! Send me an email at half fanaticnewsletter@gmail.com.



Elizabeth #8543
100th Half



Joey #9146
50th Half



Angie #13211
50th Half



Andrea #16779
New Fanatic



Dawn #16803
New Fanatic



Joseph #16804
New Fanatic

THE 2018 SIGNATURE RACE SERIES!

The race series is 5 marathons / half marathons spread out throughout the United States both in region and dates. Starting between January and ending in December, the races cover most regions of the U.S providing diverse races to those members that accept the challenge.

<http://www.marathonmaniacs.com/signature-race-series/>

*Please remember that you will need to join the race on the Half Fanatic Race Calendar to receive the Special Club Medal at the finish!



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HALF FANATICS REGION PAGES

Half Fanatics Facebook group pages have been setup in regions across the USA and beyond. If you live in one of the areas, connect with your local chapter!



Region:

[Marathon Maniacs Europe](#)
[Half Fanatics European](#)

Region:

[Albuquerque, NM](#)
[Anchorage / South Central Alaska](#)
[Atlanta, GA](#)
[Augusta, GA](#)
[Austin, TX](#)
[Baltimore, MD](#)
[Baton Rouge, LA](#)
[Birmingham, AL](#)
[Buffalo, NY](#)
[Central Arkansas / Little Rock](#)
[Central Gulf Coast / Mobile](#)
[Chattanooga, TN](#)
[Chicago / Western IL](#)
[Cincinnati, OH](#)
[Colorado Springs, CO](#)

Region:

[Dallas Fort Worth, TX.](#)
[Denver, CO](#)
[Des Moines, South Central IA](#)
[Detroit, MI](#)
[European](#)
[Greensboro, NC](#)
[Honolulu, HI \(Oahu\)](#)
[Houston, TX](#)
[Kansas City, MO](#)
[Knoxville, TN](#)
[Lincoln / Omaha NE](#)
[Long Beach, CA](#)
[Lubbock / West Texas](#)
[Miami, FL](#)

Region:

[Memphis, TN](#)
[Nashville, TN](#)
[New Orleans, LA](#)
[Northern New Jersey](#)
[Northwest Arkansas](#)
[North Dakota](#)
[Oklahoma City, OK](#)
[Orlando, FL](#)
[Panama City / Gulf Coast, FL](#)
[Portland, OR.](#)
[Philadelphia, PA](#)
[Phoenix, AZ](#)
[Raleigh / Cary, NC](#)
[Richmond, VA](#)
[Rochester, NY](#)

Region:

[Sacramento, CA](#)
[Salt Lake City, UT](#)
[San Antonio, TX](#)
[San Diego, CA](#)
[Seattle, WA](#)
[Shreveport, LA](#)
[Springfield, MO](#)
[St Louis / SW Illinois](#)
[Tacoma / South Puget Sound](#)
[Tampa / St. Petersburg, FL](#)
[Tulsa, OK](#)
[Twin Cities, MN](#)
[Virginia Beach, VA](#)
[Washington DC](#)
[Wichita, KS](#)



Regional Ambassadors

BE ON THE LOOK OUT FOR THE YELLOW JACKET.

Regional Ambassadors in your area will be wearing this jacket so you can easily spot them at your next race.

Not a member? Ask them for more information on how you can receive a discount when you sign up.



Melissa Wood HF#8628 Denver, CO Ambassador



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Melissa #4222



Keith #772



Jodi #13699



Jason #12968



Juanita #15954



LaRon #10905



Julie #7805



Linc #4870



Joey #9146



Laurie #9266



Jon #7342



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Rock n Roll Denver



Zelva #13805



SportyDiva Green Lake



Operation Jack Northwest Run



Teresa #15263



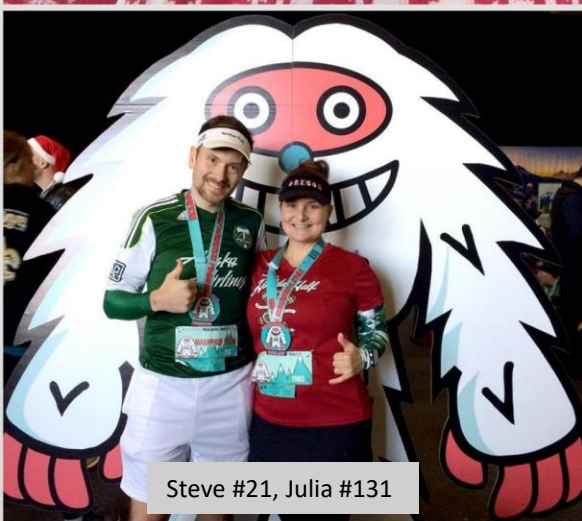
Scott #8354



Mike #8704



Rock n Roll Brooklyn



Steve #21, Julia #131



Rose #3059



Yukon Do It Half



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UPCOMING RACES

BC	2/18	fort langley historic half	13.1		MI	2/3	Groundhog Half Marathon	13.1
SK	2/25	Hypothermic Half Marathon - REGINA	13.1				-	
BCS	2/11	Los Cabos Half Marathon	13.1		MN	2/18	Hypothermic Half Marathon	13.1
		-					-	
AL	2/11	Mercedes-Benz Half Marathon	13.1	\$	MO	2/10	Heart of the Ozarks Half Marathon	13.1
AL	2/18	Mainly Marathons Gulf Coast (Day 2)	13.1	\$			-	
		-			MS	2/10	Mississippi River Half Marathon	13.1
AR	2/10	Arkansas Half Marathon	13.1		MS	2/19	Mainly Marathons Gulf Coast (Day 3)	13.1
AR	2/11	Fort Smith Marathon	13.1	\$			-	
		-			NC	2/4	Race 13.1 Wilmington, NC	13.1
AZ	2/3	Sedona Half Marathon	13.1		NC	2/17	Run Oak Island	13.1
AZ	2/11	SHE Power Half Marathon	13.1				-	
AZ	2/18	The Lost Dutchman Half Marathon	13.1		NV	2/17	Saints and Sinners Half Marathon	13.1
AZ	2/23	Antelope Canyon Ultra	13.1		NV	2/24	Red Rock Canyon Half Marathon	13.1
AZ	2/24	Mesa-PHX 1/2 Marathon	13.1				-	
		-			NY	2/4	Go Hard or Go Home	13.1
CA	2/3	Death Valley Half Marathon	13.1		NY	2/25	Lake Effect Half Marathon	13.1
CA	2/4	Kaiser Permanente San Francisco Half Marathon	13.1		NY	2/25	NYCRUNS Central Park Half	13.1
CA	2/4	Surf City Half Marathon	13.1	\$			-	
CA	2/10	The Tiny Half Marathon	13.1		OH	2/18	Warm Up Columbus	13.1
CA	2/11	Palm Desert Half Marathon	13.1		OH	2/24	Olde Girdled Grit 1/2 Marathon	13.1
CA	2/17	Divas Temecula Half Marathon	13.1				-	
CA	2/18	Davis Stampede Half Marathon	13.1		OK	2/23	Post Oak Challenge - Day 1	13.1
CA	2/24	Avocado Half Marathon	13.1		OK	2/25	Post Oak Challenge - Day 3	13.1
		-					-	
CO	2/10	All-Out Mardi Crawl Half Marathon	13.1		OR	2/3	Roaring Run Half	13.1
CO	2/18	Ralston Creek	13.1		OR	2/11	Heart Breaker Half	13.1
CO	2/25	Pueblo Half Marathon	13.1	\$	OR	2/18	Hagg Lake 25k	25K
		-					-	
FL	2/3	Best Damn Race Safety Harbor	13.1	\$	SC	2/3	Save the light half	13.1
FL	2/4	Daytona Beach Half Marathon	13.1	\$	SC	2/10	Hilton Head Half Marathon	13.1
FL	2/4	Sarasota Music Half Marathon	13.1				-	
FL	2/4	Tallahassee Marathon & Half Marathon	13.1		TN	2/3	Strawberry Plains Half Marathon	13.1
FL	2/11	Donna Half Marathon	13.1		TN	2/24	Cummins Falls Half Marathon	13.1
FL	2/11	The Florida Half Marathon	13.1				-	
FL	2/17	Mainly Marathons Gulf Coast (Day 1)	13.1	\$	TX	2/3	Katy Half Marathon	13.1
FL	2/18	A1A Ft Lauderdale Half Marathon	13.1	\$	TX	2/4	Natural Bridge Caverns Trail Runs	13.1
FL	2/18	Five Points of Life Half Marathon	13.1	\$	TX	2/11	Cocoa Half	13.1
FL	2/18	Paradise Coast Half Marathon	13.1		TX	2/17	Cross Timbers Trail Run	13.1
FL	2/25	Disney Princess Half Marathon	13.1		TX	2/18	Austin Half Marathon	13.1
FL	2/25	Publix Gasparilla Distance Classic	13.1		TX	2/18	El Paso Half Marathon	13.1
		-			TX	2/18	Galveston Half Marathon	13.1
GA	2/24	Augusta University Half Marathon	13.1	\$	TX	2/18	Run the Line	13.1
		-			TX	2/21	Mainly Marathons Gulf Coast (Day 5)	13.1
IN	2/18	Yeti Trail Half Marathon	13.1	\$	TX	2/25	Cowtown	13.1
IN	2/24	Winter Trail Frosty Half & Quarter Marathon	13.1				-	
		-			VA	2/24	Dahlgren Trail Half	13.1
KS	2/3	Chocolate Rush Half Marathon	13.1				-	
		-			WA	2/4	West Seattle Beach Run	25K
LA	2/3	Minden Run for St. Jude 1/2 Marathon	13.1		WA	2/10	Green River Half Marathon	13.1
LA	2/20	Mainly Marathons Gulf Coast (Day 4)	13.1	\$			-	
		-			WI	2/10	Pettit Indoor Marathon & Half Marathon	13.1
MA	2/25	Hyannis Half Marathon	13.1				-	

\$ indicates a discount, check [halffanatics.com](http://www.halffanatics.com) for race discount code



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Run To Margaritaville



Melissa #10746



Teon #7350



Ray #8728



Suzanne #15362



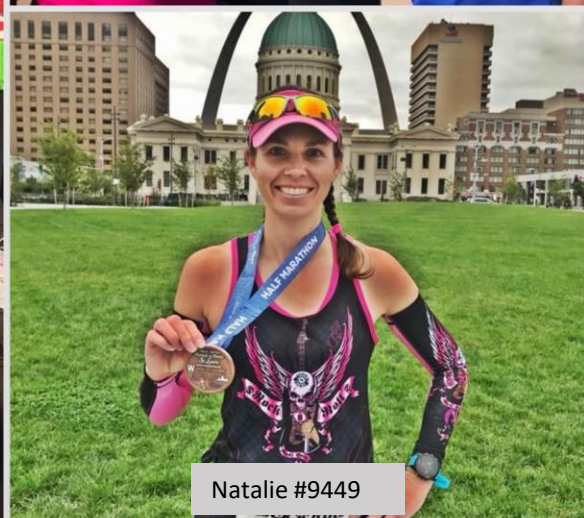
Prairie Fire Half



Niki #10398



Rock n Roll Denver



Natalie #9449



Tabitha #13562



Sheryl #14871



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FANATIC GEAR

Check out all the cool gear available for purchase.



<http://www.databarevents.com/store/category/2/Half-Fanatics>

FANATIC POLL



Each month there will be a "Fanatic poll" posted online. Please take a few moments to answer this poll. Results will be in the next newsletter.

This month's question:
Do you buy race event photos?

Please submit your response at:

<http://survey.constantcontact.com/survey/a07eeyk2m81jbfhbwkv/start>



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I JUST QUALIFIED
FOR THE
HALF FANATICS

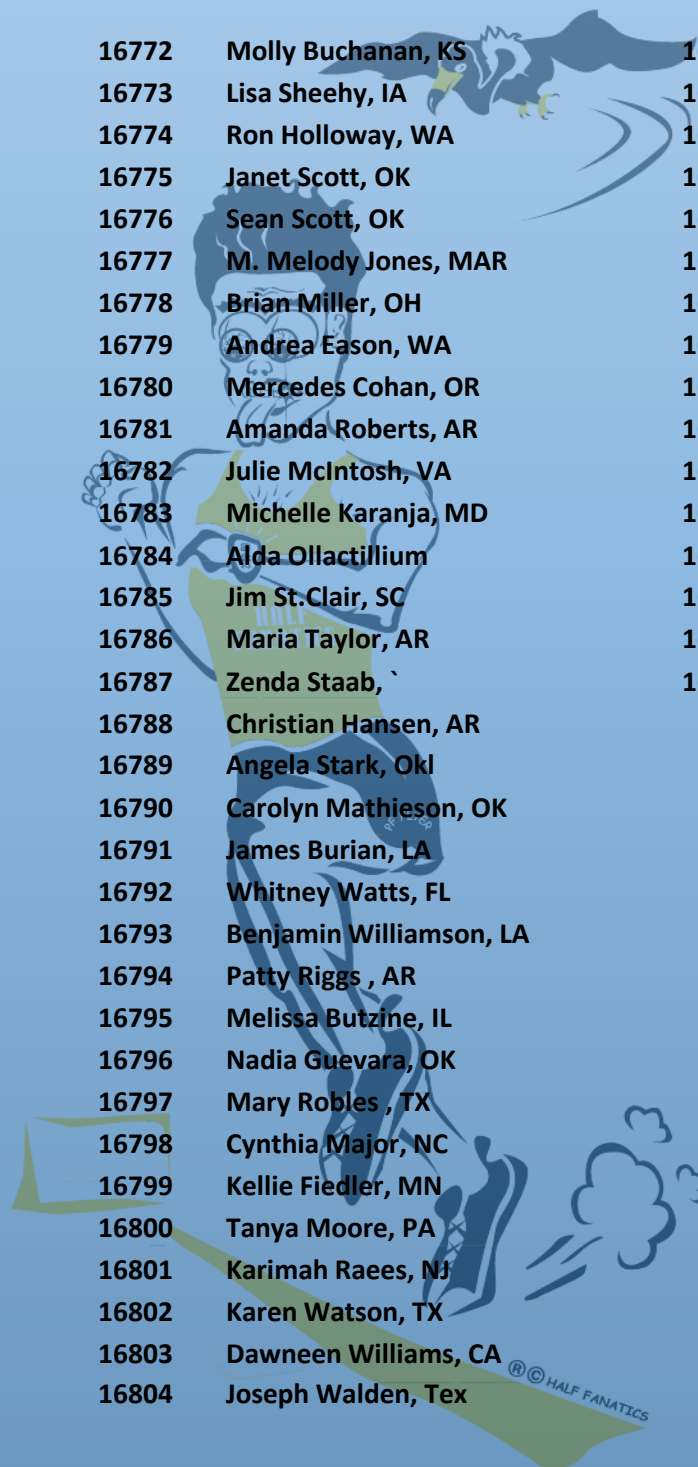
WELCOME TO THE ASYLUM! NEW DECEMBER 2017 HALF FANATICS

I JUST QUALIFIED
FOR THE
HALF FANATICS

16739 Tracy Britt, MO
16740 Amanda Slayton, MS
16741 David Miller, IL
16742 Lisa Brown (#16742), TX
16743 Jennifer Clark (#16743), MS
16744 Jennifer Holler, FL
16745 Elias Calboreanu, MD
16746 Terrie Hoops, FL
16747 Don Clack, AR
16748 Dawn Parsons, AR
16749 Kathryn Jones, GA
16750 Alesia Combs, Ohi
16751 Jenna Ditto, CT
16752 Jeff McClarren, PA
16753 David Hoops, FL
16754 Mary Law, OK
16755 Terry Smith, OK
16756 Bonita Malone, CA
16757 Stephen Bolding, GA
16758 Lisa McNair, WY
16759 Chris McFaul, null
16760 Kevin Boleyn, VA
16761 Alison Wasserman, PA
16762 Emily Seaman, WA
16763 James Roberts, AR
16764 April Babbit, CO
16765 Bethany Rayfield
16766 Amanda Baumann, FL
16767 Bekki Pribil, KS
16768 Cynthia Reeves, TN
16769 Ramie Lay, OK
16770 Cathleen Hansen, WA
16771 Heather Blume, IL

16772 Molly Buchanan, KS
16773 Lisa Sheehy, IA
16774 Ron Holloway, WA
16775 Janet Scott, OK
16776 Sean Scott, OK
16777 M. Melody Jones, MAR
16778 Brian Miller, OH
16779 Andrea Eason, WA
16780 Mercedes Cohan, OR
16781 Amanda Roberts, AR
16782 Julie McIntosh, VA
16783 Michelle Karanja, MD
16784 Alda Ollactillium
16785 Jim St.Clair, SC
16786 Maria Taylor, AR
16787 Zenda Staab, `
16788 Christian Hansen, AR
16789 Angela Stark, Okl
16790 Carolyn Mathieson, OK
16791 James Burian, LA
16792 Whitney Watts, FL
16793 Benjamin Williamson, LA
16794 Patty Riggs , AR
16795 Melissa Butzine, IL
16796 Nadia Guevara, OK
16797 Mary Robles , TX
16798 Cynthia Major, NC
16799 Kellie Fiedler, MN
16800 Tanya Moore, PA
16801 Karimah Raees, NJ
16802 Karen Watson, TX
16803 Dawneen Williams, CA
16804 Joseph Walden, Tex

16805 Gavin Tierney, WA
16806 Antoinette Williams, GA
16807 Angela Hill, NC
16808 Robin Hertzog, MO
16809 Andrea Maudsley, CA
16810 Kim Wininger, IN
16811 Barb Pepin, ON
16812 LaDona Anstine, KS
16813 Jen Butler, WA
16814 Marlyn Maio, FL
16815 Blaine Hodges, LA
16816 Karen Street, BC
16817 Rorri North , Ga
16818 Mandi C, ON
16819 Shawn Barlow, AR
16820 John Stoner, OK



® © HALF FANATICS



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OUR WHY....WHY WE RUN

We all have our reason we run – our why – and it's what gets us out the door most days. The more I run, the more people I meet, the more I'm learning about what brought others on their journey. Each month, I want to share as many of your whys as possible. Send me [email](#) to share yours.

In a word, SANITY!

As an IT Project Manager, work can be very stressful at times. I suffered my first anxiety attack at age 40. Thinking I was dying, I made a short bucket list: run a marathon, earn a Ph.D., write a book, and learn to hula.

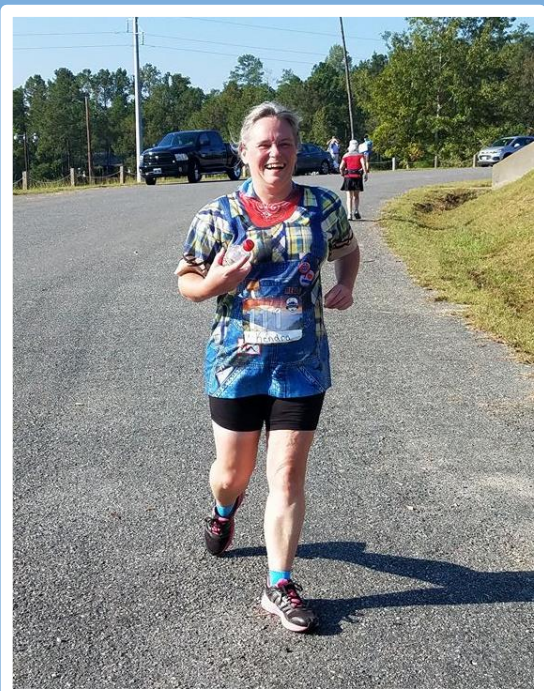
Shortly thereafter, while wandering around downtown Olympia, I ran into a friend. I asked him what he was doing hanging out in the park. He said he was signing people up for a marathon. "It's tomorrow Kendra, you should do it." Less than 24 hours later, I completed my first marathon. No one told me I couldn't; no one told me I needed to train; no one told me I was nuts.

It's a good thing I started with the marathon, because that is what has pushed me beyond my wildest dreams. It took 17 full and 22 half marathons, but in 2011 I completed my Ph.D. in Applied Management and Decision Science (fancy name for Project Management).

In 2016, I completed my 55th full marathon, including one in each state. In 2017, I completed my 125th half marathon and thanks to my friend Dena, reached SUN.

I'm still dreaming about writing a book. And as for the hula – after 6 years of beginning classes at the rec center, I've decided to create a new bucket list. Delight in the Lord and He will give you the desires of your heart (Ps 37:11).

Kendra #16737





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OUR WHY...WHY WE RUN



I started walking as a way to get a form of exercise to lower my blood sugar level, as per my doctor's order. One day, I decided to challenge myself and run instead of walking. I started to run 3 miles 3x a week. I was hooked.

I like the peace of mind I get from running. I joined a running group and in 6 months I went from running a 5k to a half Marathon. I've been running for five years now and I love it. Running allows me to clear my mind, reduce my stress level, and burn off the crazy that happens in every day life.

Not to mention, running keeps you shape!

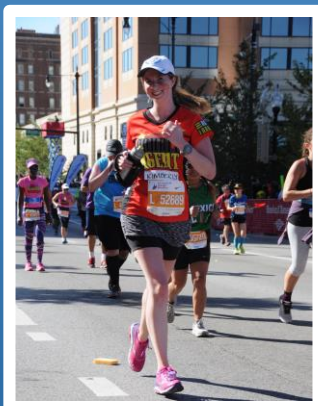
Joy #5827 Baltimore Ambassador

[Baltimore, MD Facebook Page](#)

I started running seriously in 2013 when I signed up for the American Brain Tumor Association's charity team for the Chicago Marathon. (Official race-wise, I actually ran a marathon before I ran a half!) I did this as a way to honor my dad who passed away in 2011, and while I was training, I found that running was a great way to process my grief. I still run to honor my dad, but running has allowed me to connect with others and has afforded me so many new friends! I love how something that is so good for my body is so much fun.

Kimberly #14103 Shreveport Ambassador

[Shreveport, LA Facebook Page](#)



Interested in becoming a Half Fanatic. Sign up at:

<http://www.halffanatics.com/membership>
and receive a discount using
HFDAVIS958372