

# 3<sup>rd</sup> QUARTER 2019 NEWSLETTER

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## **CLUB EXCLUSIVE EVENTS**

What are club exclusive events? These are races that truly roll out the red carpet for our members! They have gone above and beyond to ensure that our club members receive VIP treatment at their event. We highly recommend our members run these races if they want a special experience.

A few past and future perks include:

Discounted race entry

Pre-Race area with private restrooms

Post race party tent

Private gear check

Discounted hotel rates

Free race photos

Custom race bib

Different events offer different perks! Please visit our Club Exclusive Events page for race specific perks: http://www.halffanatics.com/club-exclusive-events/













# FANATIC GEAR















https://marathon-maniacs.myshopify.com/collections/half-fanatics



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March 28th, 2020



Spotlight Races are races that are offering special incentives and perks exclusively for our Maniac and Fanatic members.

We encourage all our members to attend these races.

## **EXPO SCHEDULE**

The Gear Guy will be at the following Expos with club gear for Marathon Maniacs and Half Fanatics:



**Defiance** 

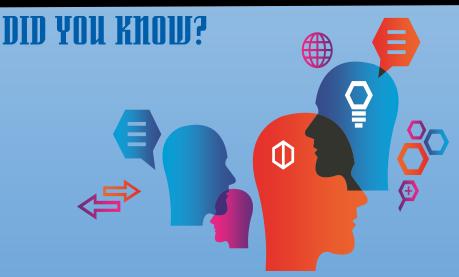
Oct 12th

Route 66

Nov 24th

Santa Runs Tacoma

Dec 19th



## 3<sup>rd</sup> Quarter had 427 race events listed on the Half Fanatics Race Calendar.

The top three events were Quad Cities, Bridge of the Gods, and RnR Chicago.

The Quad Cities Half Marathon in Moline, IL had the most Half Fanatics in attendance for this quarter at 56. Reviewers said this a mostly flat course with a few rolling hills. The course crosses over the Mississippi river into Iowa and back to Illinois through four cities. The event has a very nice post-race party at the finish. One person commented that the course seemed a bit crowded at times.

Next up for the quarter with 49 Half Fanatics was the Bridge of the Gods Half Marathon in Cascade Locks, OR. Busses take you across the bridge to the start in Washington state, and then you run back over the bridge into Oregon. Then then course is essentially an out back on the Historic Columbia River Highway State Park Trail (paved). The course is definitely hilly, but it offers lots of shade and tremendous views. The after party is huge and has a catered lunch.

With 38 Half Fanatics showing up, the Rock 'n Roll Chicago Half Marathon came in third for the quarter. RnR events are always well organized, and they always feature various musical artists every few miles. The event in Chicago this year was very warm, but they had plenty of water, cold towels, and ice to keep everyone cool. All RnR events have terrific expos, and plenty of food and snacks after the event.

## **Training Plans!**

Know someone who would like to train to become a fanatic? We have a plan for that!

Feel free to share the plans to help others succeed. https://www.halffanatics.com/fanatic-in-training/



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Get your child moving! An 8 week running program with fun and challenging running activities.

#### Mission:

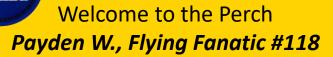
- To introduce our youth to the physical and emotional positive effects of running.
- To increase the physical activity of our youth.
- To create a positive environment where all participants are equal.
- \*Hard work and determination will be rewarded at the end of the journey!

Find out more at: http://www.halffanatics.com/flyingfanatics.

Flying Fanatics Fitness Levels

- 1. Condor 26.2 Miles in 8 Weeks
- 2. (Sea) Hawk 32.75 Miles in 8 Weeks
- 3. Owl 39.3 Miles in 8 Weeks
- 4. Bald Eagle 45.85 Miles in 8 Weeks

Need some more challenging Levels? Check out the Mini Maniacs



\*If you would like us to give a shout out to your Flying Fanatic, email information to halffanaticnewsletter@gmail.com

## **Welcome New Members**





Tracy #17989



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#### THE SUN COCCOCO

52 Half Marathons or more within 365 days.

30 Half Marathons in 30 US states\* within 365 days.

20 Half Marathons in 20 different Countries within 365 days.

### MERCURY COCCOCO

45 - 51 Half Marathons within 365 days.

23 Half Marathons in 23 US states\* within 365 days.

28 Half Marathons within 183 days.

### VENUS COCCO

38 - 44 Half Marathons within 365 days.

20 Half Marathons in 20 US states\* within 365 days

13 Half Marathons within 79 days.

#### EARTH COCOCO

31 - 37 Half Marathons within 365 days.

16 Half Marathon in 16 different US states\* within 365 days.

6 Half Marathons within 16 days.

4 Half Marathon in 4 Days.

### MARS COCO

3 Half Marathons within 3 days.

26 - 30 Half Marathons within 365 days.

4 Half Marathons within a 9 day window.

3 Half Marathons in 3 separate US states\* within a 10-days.

13 Half Marathons in 13 different US states\* within 365 days.

## JUPITER ©©©®

4 Half Marathons in 23 days.

19 - 25 Half Marathons within 365 days.

2 Half Marathons in 2 days (or 48 hours) must finish both races!

9 Half Marathons in 9 different US states\* within 365 days.

#### SATURN 666

4 Half Marathons within 37 days.

12 - 18 Half Marathons within 365 days.

4 Half Marathons in 4 different US states\* within 51 days.

#### URANUS 66



3 Half Marathons within a 16 day time frame.

6 Half Marathons in 6 consecutive calendar months.

8 - 11 Half Marathons within 365 days.

#### NEPTUNE @

2 Half Marathons within a 16 day time frame.

3 Half Marathons within a 90 day time frame.

Congratulations to all the Half Fanatics who achieved their goals.

If you would like your promotion mentioned in the newsletter, please send your name, HF number and Moon level to: halffanaticnewsletter@gmail.com.



Dee Dee #1397 7th SUN



Sue #2452 SUN



Kecia #10636 **VENUS** 



Dottie #11214 **VENUS** 



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## MILESTONES

Congratulations to the following Half Fanatics who reached a milestone this month! Let me know if you reach one too! Send me an email at halffanaticnewsletter@gmail.com.



Dee Dee #1398 500th Half



David #2764 333 Half



Robert #5284 300th Half



Chris #3934 200th Half



Kelly #16880 100th Half



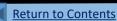
Michael #8407 100th Half



Billie #13784 50th Half















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## HALF FANATICS REGION PAGES

Half Fanatics Facebook group pages have been setup in regions across the USA and beyond. If you live in one of the areas, connect with your local chapter!



#### Region:

European

#### Region:

Alaska -South Central

Atlanta, GA

Austin, TX

Baton Rouge, LA

Birmingham, AL

Buffalo, NY

California - Northern

Central Arkansas / Little Rock

Central Gulf Coast/Mobile

Chicago, IL

Cincinnati, OH

Dallas Fort Worth, TX.

Denver, CO

#### Region:

Honolulu, HI (Oahu)

Houston, TX

Iowa

Kansas City, MO

Knoxville, TN

Las Vegas

Long Beach, CA

Long Island/NYC

Lubbock / West Texas

Maryland

Massachusetts

Memphis, TN

Metro St. Louis

Michigan



# BE ON THE

Regional Ambassadors in your area will be wearing this jacket so you can easily spot them at your next race.

receive a discount when you sign up



Melissa Wood HF#8628 Denver, CO Amb

#### Region:

**Mississippi** 

Nashville, TN

New Orleans, LA

Northern New Jersey

**Northwest Arkansas** 

North Carolina

North Dakota

Oklahoma City, OK

Omaha, NE

Orlando, FL

Panama City / Gulf Coast, FL

Portland, OR.

Philadelphia, PA

Phoenix, AZ

Richmond, VA

#### Region:

Salt Lake City, UT

San Antonio, TX

San Diego, CA

Seattle, WA

Shreveport, LA

South Carolina

South Florida

Tacoma / South Puget Sound

Tampa / St. Petersburg, FL

Tri-State Area (NY, NJ, CT)

Tulsa, OK

Twin Cities, MN

Virginia Beach, VA

Washington DC

Wichita, KS











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## RACE DISCOUNTS

All of the events listed here have a discount off the regular registration fee. This is one of the perks for being in the Half Fanatics club and using a few discounts for races you plan to do anyway will help pay for your membership.

Log onto the Half Fanatics website and go to the Race Calendar <a href="http://www.marathonmaniacsdb.com/fanatics/events">http://www.marathonmaniacsdb.com/fanatics/events</a>. Click on the coin to reveal the discount code.

There are many other events listed on the race calendar as well, but only the ones with the coin have discounts.

		Carried States						
AL	11/30	Kaiser Coastal Half	FL	11/24	Naples Fall Classic	МО	11/16	Honoring our Heroes Half
		menon the man	FL	12/1	Space Coast Half	МО	12/7	36 Hours of Jack
AR	10/12	Arkansas & Half	FL	12/1	Trail Hog Half		2. A. A.	STATE OF THE PARTY
AR	10/13	Hero Half	FL	12/7	OUC Half	MS	10/27	GREAT 38 HALF
AR	10/19	Soaring Wings Half & 10K	FL	12/7	Race the Bay Half	MS	11/16	Magnolia Half
AR	11/2	River Valley Run	, "FL	12/8	Florida Holiday Distance Classic	MS	12/15	Mississippi Gulf Coast
AR	11/23	White River 1/2 for Kenya	FL	12/8	Florida West Coast Half			4 34
		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	FL	12/22	Mount Dora Half	NC	10/12	Cannonball Half
AZ	10/12	Lake Powell Half	FL	1/5	Spring Hill Half	NC	10/19	Mother Earth Brewing Ironclad Ha
ΑZ	12/7	Tucson Half		3 8		NC	10/20	Bull City Half
AZ	12/15	The Scottsdale Half & 5K	GA	11/2	Divas Half - Peachtree city	NC	10/26	Run Ocean Island Beach
ΑZ	1/4	Buckeye Half	GA GA	11/9	Chickamauga Battlefield Half	NC	10/26	Triple Lakes Trail Races
		. 5.	GA	12/15	Jeff Galloway 13.1	NC	11/3	Battleship Half
CA	10/12	SPACEROCK Trail Race				NC	11/3	City of Oaks
CA	10/20	Lexus LaceUp Ventura Half	a) HIM	10/13	Maui	NC	11/9	Main Street Half in Mocksville
CA	11/2	Joshua Tree Half	HI	11/9	100% Pure Kona Coffee Half	NC	11/10	RDC Half
CA	11/2	Thrive Half		S. C.	3/1	NC	11/16	Charlotte Half
CA	11/16	Lexus LaceUp Palos Verdes Half	IA 💉	10/20	IMT Des Moines	NC	11/23	Holly Springs Half
CA	11/17	Berkeley Half	1			NC	12/7	Wilmington Historic Half
CA	12/7	Saddleback Half	IL {	11/17	Four Legged Running			
CA	12/8	Lexus LaceUp Riverside Reindeer Run	IL	12/7	Viking Dash Trail Run: Chicago	NH	10/13	New England Half
					<i>\$</i>	NH	11/10	Manchester City Half
со	10/26	Sage Burner Trail 28k Race	IN	11/9	Veterans			
co	10/27	Westy Half				NJ	10/13	Main Street Half of Hunterdon
			KS	11/10	Gobbler Grind	NJ	10/20	ORC Seaside Half
СТ	10/12	Eversource Hartford & Half	КҮ	10/19	Urban Bourbon	NJ	10/26	Cape May Hallowed Half
			КҮ	11/3	Bowling Green Half	NJ	10/27	Halloween Half
DE	10/19	Monster Mash & Half	КҮ	12/7	Falls 100 Half	NJ	11/3	Princeton Half
FL	10/12	Appalachian Series Day 8	LA	12/14	Ole Man River	NM	11/10	Mainly s Southwest (Day 1)
FL	10/19	ZOOMA Amelia Island (FL)						
EL.	10/20	Cocoa Beach Half	MD	11/2	Historic Drawbridge Half	NY	10/20	Yonkers
FL	10/27	Florida Halloween Distance Classic				NY	10/26	EVL Halloween Half
EL.	11/10	Cape Canaveral Lighthouse Foundation Half	MI	10/20	Grand Rapids			
FL	11/10	St. Augustine Half				ОН	10/12	Queen Bee Half
FL	11/17	St Pete Run Fest Half	MN	10/19	Mankato Half	ОН	10/12	Viking Dash Trail Run: Cleveland
FL	11/24	Central Florida Legends & Half						

\*Race discount codes can be found on halffanatics.com



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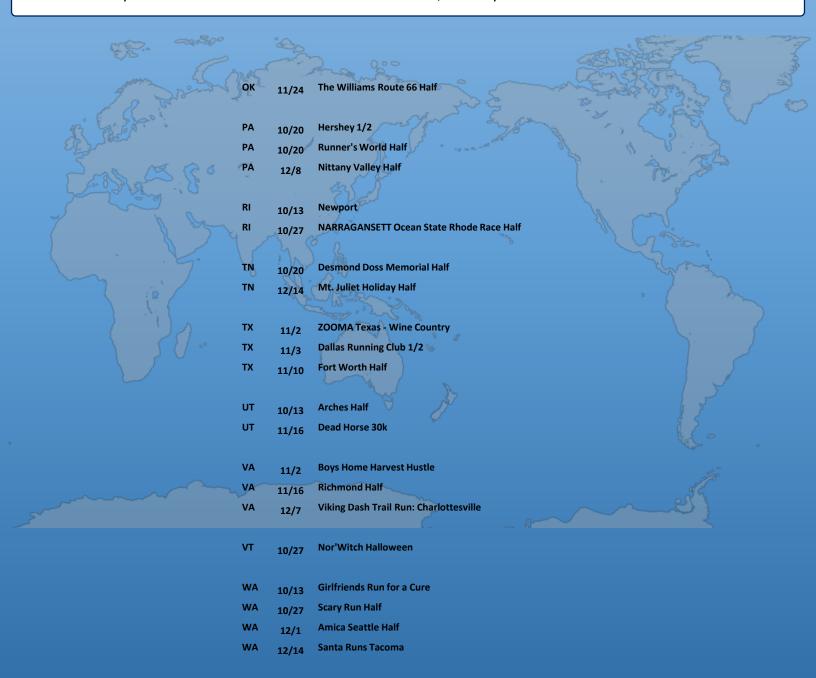
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## **WELCOME TO THE ASYLUM! NEW 2019 HALF FANATICS**



18058	Scott Daw, UT
18059	Lolli Allen, TN
18060	Leslie "Norwegian Diesel" Mcleod, OR
18061	Cheryl Penleton, TN
18062	George Jester Jr, FL
18063	Rosa Cortes, CA
18064	Gabriel Cruz, CA
18065	Rebecca VonBehrens , TX
18066	Julie Wallace, OK
18070	Judy Somers, FL
18068	Brenda Folkerts, WA
18067	Darrell Osborn, OR
18069	Eve Bonic, CA
18071	Lacey Barger, OK
18072	Don Nishioka, CA
18073	Joshua Wichers, OK
18074	Katie Howard, WA
18075	Ola Adejuwon, TX
18076	Jared Hansen, AZ
18077	Daniel Soule, OR
18078	KERRY VOHNOUTKA, MN
18079	Mark Bressler, TX
18080	CYDNEY DAVIS-ENGLISH, NC
18082	Greg Paton, IN
18081	Raymond Burrows, NC
18083	Janet Bastian , TX

18087	Jeff Kunkel, OK
	Bruno Musso, DF
18089	Holly Brewin, WA
18090	Jennifer Lucky Doby, FL
- Company	Lisa Dudley, UT
18092	Soozy Martin, TX
18093	Jim Shoopack, PA
18094	Eric Fischer, CA
18094	Samantha Harris , TX
18095	Tracy Reed, OK
18096	
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Jason Norris, SC
18098	Heidi Hammond , OH
18099	Jo Ellen Peers, IN
18100	Kristin Schwiebert, OK
18101	Stephanie Falk, KY
18102	Mark Patterson , WA
18103	JOYCE DRYER, MI
18109	Angela Konen, WA
18110	Ladd Wolfe, WA
18111	Marilou Ubungen, WA
18112	Patrick Ferguson, WA
18104	Lisa Smith (#18104), MO
18105	dana rae zygmunt, NY
18106	Jesse Warner, IL
18107	Kim Zwahlen, OK
18108	Misty Lane, CA
18113	Aaron Pendergraft, CO
18114	Jess Clarke, NJ
18115	Tina Southard, CA
	®@,.

18116	Jason Silvers, KS
18117	Donatella Braghieri, NY
18118	Kathirazhagan Appavoo, WA
18119	Sabrina Childs, PA
18120	Daniel Reich, null
18121	Jenniet Galvan, MO
18122	Katie Boer, WA
18123	Kirstin Pedroza, WA
18124	Kit Vickery, OK
18125	Tate Ashcraft, AR
18126	Lorena Wright, WA
18127	Ryne Brown, MO
18128	Stefanie Boster, WY
18129	Heather Johnson (#18129), CA
18130	Barbara Davis, OR
18131	Kim Stout, MT
18132	Monica Holmback, OH
18133	Ed Caccavale, IN
18134	Kristina's Schuldt, WI
18135	Ashley Hayes, CA
18136	gina forestieri, AZ
18137	Michelle Whetstone, OK
8138	Missy Luton, TX
(18139	Mark Macmanus, TX
18140	Elizabeth Minor, TN
18141	Craig Arnold, KS
18142	Mitch Bennett, TX
18143	Monique Jacobs, NY
18144	Jonathan Crowe, OK
18145	Brad Vaughan, OK

18146 Hannah Stumpp, WA

18084 Anthony Longjas, TX 18085 Jessica Higgins, CA 18086 Sean Higgins, CA



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## OUR WHY....WHY WE RUN

We all have our reason we run – our why – and it's what gets us out the door most days. The more I run, the more people I meet, the more I'm learning about what brought others on their journey. Each month, I want to share as many of your whys as possible. Send me email to share yours.

UH OH! Looks like no one shared their why this quarter.

Would you like to share your "Why...Why you run" with fellow Fanatics?

Shoot me an email to include you in the next newsletter!

<u>halffanaticnewsletter@gmail.com</u>

-Kellie Follett #4560